

# MHFA Winter 2014 Registration Form



## Mental Health First Aid CANADA

Humber is committed to equipping all employees with basic tools to effectively intervene and support students, co-workers, and members of the public who are experiencing mental health problems.

When you attend this two day Mental Health First Aid Training session, you can expect the following:

- Improve your understanding of mental illness
- Minimize the fear and hesitation to become involved when you think someone is experiencing a mental health problem
- Develop simple and effective intervention strategies that are relevant to your role in the college

Please return your completed Registration Form and send it to Kathy Donaldson—B112 (North Campus) or Return via email to [Kathy.donaldson@humber.ca](mailto:Kathy.donaldson@humber.ca). You will receive an email confirmation of your registration.

NAME: (Please Print) \_\_\_\_\_

TEL. EXT: \_\_\_\_\_

DEPT/SCHOOL: \_\_\_\_\_

CAMPUS:  North  Lake  Other

EMPLOYEE GROUP:  Support  Admin  Faculty STATUS:  F/T  P/T  Contract

If Support Staff, please ensure your Manager has approved your attendance.

\_\_\_\_\_  
Print Manager's Name

\_\_\_\_\_  
Manager's Signature

\_\_\_\_\_  
Date

- |  |  |
|--|--|
| <input type="checkbox"/> February 10th (B105) & 24th (B106)<br>9:00am-4:30pm. North Campus | <input type="checkbox"/> May 12th & 13th (B118)<br>9:00am-4:30pm. Lakeshore Campus |
| <input type="checkbox"/> March 13th & 14th (B105)<br>9:00am-4:30pm. North Campus           | <input type="checkbox"/> May 20th & 21st (B106)<br>9:00am-4:30pm. North Campus     |
| <input type="checkbox"/> April 28th & 29th (B105)<br>9:00am-4:30pm. North Campus           | <input type="checkbox"/> May 23rd & 30th (E338)<br>9:00am-4:30pm. North Campus     |