



Sabrina Rubli

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Founder, Executive Director, Femme International

Sabrina is a dedicated advocate for women's empowerment and health rights, working to promote women's health through education across East Africa, with a specific focus on menstrual health & hygiene. Femme International's Feminine Health Management (FHM) program, which combines feminine hygiene kits as well as educational sessions, is keeping schoolgirls in East Africa inside the classroom. It is one of only a few non-governmental organizations in the world dedicated to menstrual health and hygiene education, and the only organization promoting reusable menstrual cups as a sustainable solution. Sabrina is also a Blogger for the Huffington Post, and a TedX Speaker.