



Dr. Jo-Ann Elizabeth Leavey

Nursing, 1983

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Dr. Jo-Ann Elizabeth Leavey is a registered psychologist and Nurse Practitioner. A recent recipient of the Governor General's Caring Canadian Award and Sovereign Medal, Dr. Leavey has spoken and volunteered in more than 13 countries, promoting improvements to public and environmental health, access to health care for disadvantaged people, and conditions for youth and others living with mental health problems. Her book entitled, *Living Recovery: Youth Speak Out on "Owning" Mental Illness* includes her recovery model ELAR (Emergence, Loss, Adaptation and Recovery) a guide through which a person, group, and/or community, can move through a process of healing.