

Addictions and Mental Health

Ontario Graduate Certificate

Program Code: MH511

Campus: Lakeshore

Length: 3 semesters starting in September

With the right training, you can make a huge difference as a front-line worker providing effective addictions and mental health services while promoting empowerment, self-determination and optimum quality of life to individuals with addictions and mental health issues. Our graduates find employment in various organizations including community mental health and addictions services, residential treatment centres, youth and family services, housing services, and crisis response services in roles such as:

- addictions counsellor
- case manager
- community support worker
- counsellor
- crisis worker
- housing worker
- mental health worker

Through our program, you will learn to deliver responsive, culturally relevant, client-centered assessment and treatment to diverse individuals and groups, and find ways to effectively collaborate and transform lives as a valuable part of a professional support team. This program includes a work placement.

Work Placement

Use and sharpen new skills while gaining crucial on-the-job work experience during a mandatory field placement that takes place in Semester 3. The field placement, which is typically unpaid, is arranged with the assistance of a field placement co-ordinator.

You will have an opportunity to provide evidence-informed, client-based and educational services to diverse individuals and groups experiencing addictions and mental health related challenges.

Courses

Semester 1	Proposed	Fall 2020 Delivery
ADMH 5001: Introduction to Mental Health, and Concurre Disorders		Online
ADMH 5002: Introduction to	Counselling	Online
ADMH 5003: Chemical Deper Substance Use and Abuse	ndency and	Online
ADMH 5004: Community Ser Supports in Addictions and M Health		Online
ADMH 5005: Holistic Assessment Interventions: Determinants		Online
ADMH 5006: Counselling Ger Diversity	nder and	Online
ADMH 5007: Ethics, Professional Teams	onalism and	Online
ADMH 5020: Professional Pra	actice	

Semester 2	Proposed Delivery
ADMH 5008: Group Cour	8
Addictions and Mental He	ealth
Practitioners	
ADMH 5009: Motivationa	al Interviewing
and Change Theory Pract	tice
ADMH 5010: Working wit	th Youth and
Families	
ADMH 5011: Impulse Co	ntrol Disorders
and Behavioural Addictio	n
ADMH 5012: An Introduc	tion to Trauma-
Informed Practice	
ADMH 5013: Capacity Bu	ilding and
Knowledge Exchange in A	Addictions and
Mental Health	

Semester 3	Proposed Fall 2020 Delivery
ADMH 5015: Practicum and S Topics Seminar	Special Online

Important: For information on Fall 2020 course delivery modes, please visit the Fall 2020 Course Delivery Modes page 🕻

Admission Requirements

Applicants must meet all the requirements below in order to meet minimum program eligibility. Meeting minimum eligibility requirements does not guarantee an offer of admission. Admission decisions will be available via MyHumber, or by email and mail. Admission decisions will not be released by phone.

Admission selection is based on the following 3 requirements:

1. ACADEMIC

To be eligible for admission, you must possess the following:

• A bachelor's degree

2. ENGLISH LANGUAGE PROFICIENCY

All applicants whose first language is not English must meet Humber's English Language Proficiency Policy.

3. INTERNATIONAL CREDIT EVALUATION

Canadian citizens or permanent residents with international education are required to provide a WES or ICAS evaluation.



Applications are made through ontariocolleges.ca. See program page for details.

International Academic Equivalency

Admission equivalencies for Humber depend on your country of study. Please see admission requirements on the program page to enter your location.

Fees

The 2020-2021 fee for three semesters is:

- domestic: \$6,036.96
- international: \$19,350.00

Fees are subject to change.

Pathways

Humber offers a number of transfer options and pathway opportunities. Visit humber.ca/transferoptions or refer to the program page.

Contact Information

Program Specific Questions

Joanne Spence, program co-ordinator 416.675.6622 ext. 3314 joanne.spence@humber.ca

Admissions Questions

Domestic Students 416-675-5000 enquiry@humber.ca

International Students

Contact the International Centre

international.humber.ca/contact

1-416-675-5067

Every attempt is made to ensure that information contained on this website is current and accurate. Humber reserves the right to correct any error or omission, modify or cancel any course, program, fee, timetable or campus location at any time without prior notice or liability to users or any other Person.

On October 21, 2019, the Provincial Government of Ontario announced the renaming of the Ministry of Training, Colleges and Universities (MTCU) to the Ministry of Colleges and Universities (MCU). Both names may appear on this website.

Select information only is included in this printable PDF. For complete program details, refer to humber.ca/programs.

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