DAILY COVID-19 SELF-ASSESSMENT

If you answer no to Question 1 and/or yes to Question 2, 3 or 4, you are not permitted to visit Humber College at this time. Please contact covidreporting@humber.ca

1. I am fully vaccinated* or have an approved exemption and a negative COVID-19 test result from within the last 72 hours.

2. Have you tested positive (RAT or PCR) for COVID-19, or do you have any of the following symptoms?
   - Runny nose/nasal congestion
   - Sore throat
   - Fever (feeling hot to the touch, a temperature of 37.8 degrees Celsius or higher) or Chills
   - Cough that’s new or worsening (continuous, more than usual) · Barking cough, making a whistling noise when breathing (croup)
   - Decrease or loss of taste or smell
   - Trouble breathing
   - Digestive issues like nausea/vomiting, diarrhea
   - Muscle aches or sore joints that are unusual or long lasting
   - Extreme tiredness that is unusual (fatigue, lack of energy)

   If you have an existing health condition that gives you the symptoms, select “No,” unless the symptom is new, different or getting worse.

3. Has a doctor, health-care provider, public health unit, or Canadian Border Services Agency told you that you should currently be isolating (staying at home)?

4. Do you live with someone who is currently required to isolate because of a confirmed or presumed case of COVID-19?
   Select “No” if (a) you are 18 or older and have received a booster dose, (b) are less than 18 and are fully vaccinated, (c) have completed your isolation after testing positive in the last 90 days, or (d) if you don’t live with someone who is positive.

If Yes to 2, 3 or 4 – Do not enter and contact Covidreporting@humber.ca

*Fully vaccinated is defined as an individual ≥14 days after receiving their second dose of a two-dose COVID-19 vaccine series or single of a one-dose COVID-19 vaccine series.