

DAILY COVID-19 SELF-ASSESSMENT

If you answer **no** to Question 1 and/or **yes** to Question 2 to 4, you are not permitted to visit Humber College at this time. Please contact covidreporting@humber.ca

1. I am fully vaccinated or have received a negative COVID-19 test result in the past 72 hours.

2. Do you have any of the following symptoms?

- Fever (feeling hot to the touch, a temperature of 37.8 degrees Celsius or higher) or Chills
- Cough that's new or worsening (continuous, more than usual) · Barking cough, making a whistling noise when breathing (croup)
- Decrease or loss of taste or smell
- Trouble breathing
- Digestive issues like nausea/vomiting, diarrhea (age <18 only)
- Muscle aches or sore joints that are unusual or long lasting (Age 18+)
- Extreme tiredness that is unusual (fatigue, lack of energy)

If you have an existing health condition that gives you the symptoms, select "No," unless the symptom is new, different or getting worse.

3. Has a doctor, health care provider, public health unit, or Canadian Border Services Agency told you that you should currently be isolating (staying at home)?

Yes or No

4. Do you live with someone who has been told by a doctor, health care provider, or public health unit that they should currently be isolating?

Yes or NO

If you are fully vaccinated** or have tested positive for COVID-19 in the last 90 days and since been cleared, select "No".

If Yes to 2-4 – Do not enter and contact Covidreporting@humber.ca

**Fully vaccinated is defined as an individual ≥ 14 days after receiving their second dose of a two-dose COVID-19 vaccine series or single of a one-dose COVID-19 vaccine series.