

Classic Meal Plan

Breakfast: 7:00 AM - 9:00 AM

Lunch: 11:30 AM - 1:30 PM

Dinner: 5:00 PM - 7:00 PM

Times requested outside of these may incur additional charges.

30+ 

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

Breakfast
\$10.80

Scrambled Eggs (100 cal)
Bacon (40 cal)
Hash Browns (290 cal)

Pancakes & Syrup (230 cal)
Sausages(180 cal)
Potato Patties (290 cal)

Western Scrambled Eggs
Ham (60 cal)
Hash Browns (290 cal)

French Toast (230 cal)
Bacon (40 cal)
Scrambled Eggs (100 cal)

Vegetable Frittata
Ham (60 cal)
Hash Browns (290 cal)

Pancakes & Syrup (230 cal)
Bacon (40 cal)
Scrambled Eggs (100 cal)

French Toast (230 cal)
Sausages (180 cal)
Hash Browns (290 cal)

Included Everyday - Toast, Assorted Cold Cereals (160-370 cal), Whole Fresh Fruit (60-90 cal), Assorted Muffins & Pastries (160-375 cal), Yogurt (150-260 cal), Juice, Coffee, and Tea & Milk (0-150 cal).

Lunch
\$12.90

Off the Grill Beef Burgers
& Hot Dogs (300-400)
Veggie Burgers (280-330)
Potato Salad (250 cal)
Garden Salad (20 cal)
Chocolate cake (240 cal)

Pasta Bake w/ Italian
Sausage (480 cal)
Pasta w/ Tomato & Feta
(330 cal)
Caesar Salad (100 cal)
Veggies and Dip
(60-80 cal)
Brownies (190 cal)

Beef Chili (480 cal)
Vegetarian Chili (130 cal)
Rolls (130 cal)
Mini Salad Station
(280-340cal)
Mashed Potatoes
(130 cal)
Assorted Dessert Squares
(240 cal)

Mild Coconut Chicken
Curry (500 cal)
Vegetarian Coconut Tofu
Curry (270 cal)
Spinach Sundried Tomato
Salad (110 cal)
Assorted Dessert Squares
(240 cal)

Chicken Caesar Wrap
(450 cal)
Tofu Caesar Wrap (400 cal)
Veggies & Dip (60-80 cal)
Potato Wedges (80 cal)
Macaroni Salad (150 cal)
Fresh Baked Cookies
(130 cal)

Grilled Chicken on a Bun
(380 cal)
Grilled Panini w/ Hummus
and Roast Veggies
(510 cal)
Spinach Sundried Tomato
Salad (110 cal)
Coleslaw(40cal)
Rice Krispie Squares
(190 cal)

Chicken Tenders (300 cal)
Mac and Cheese (490 cal)
Fresh vinaigrette Coleslaw
(40 cal)
Garden Salad (20 cal)
Potato Wedges (80 cal)
Fresh Baked Cookies
(130 cal)

Included Everyday: Whole Frsh Fruit (60-90 cal)Cold Beverages (0-150 cal)

Dinner
\$17.50

** Meat Lasagna (300 cal)
** Vegetarian Lasagna
(210 cal)
Garlic Bread (160 cal)
Caesar Salad (100 cal)
Garden Salad (20 cal)
Tiramisu (400 cal)

Roast Chicken (300 cal)
Baked Tofu w/ Aioli Dip
(160 cal)
Rice Pilaf (140 cal)
Steamed Vegetables (30 cal)
Mini Salad Station
(280-340 cal)
Dinner Rolls (100 cal)
Assorted Pudding (60-90 cal)

Beef Casserole w/ Penne
and Peppers (480cal)
Tofu Vegetable Bake
(150cal)
Dinner Rolls (100 cal)
Garden Salad (20 cal)
Steamed Corn (80 cal)
Cheesecake (400 cal)

Chicken Caccitorie w/
Pasta (230cal)
Grilled Vegetable Pasta
and Sauce (330cal)
Caesar Salad (100 cal)
Garden Salad (20 cal)
Garlic Bread (160 cal)
Apple Pie (370 cal)

Portuguese Style Fish Fillet
(130 cal)
** Vegetarian Lasagna
(210 cal)
Steamed Vegetables (30 cal)
Garden Salad (20 cal)
Herb Roasted Potato (80 cal)
Berry Crumble Dessert
(240 cal)

Beef Chili (130cal)
Vegetarian Chili (130 cal)
Mashed Potatoes (130 cal)
Steamed Vegetables
(30 cal)
Garden Salad (20 cal)
Dinner Rolls (100 cal)
Assorted Dessert Squares
(240 cal)

Pork Loin (230 cal)
Vegetable Bean Cassoulet
Herb Roasted Potatoes
(150 cal)
Roasted Root Vegetables
(50 cal)
Dinner Rolls (100 cal)
Garden Salad (20 cal)
Chocolate Cake (190 cal)

Included Everyday: Whole Fresh Fruit (60-90 cal) Coffee, Tea & Assorted Cold Beverages (0-150cal)

****:** Minimum order applies to these items.

Meat & Vegetarian entrees are prepared at a 60:40 ratio unless otherwise specified.

Catering order confirmation required 14 days prior to the event day.

Table linen and linen napkins are NOT included.

Buffet Style. Charges may apply for serving staff.

Minimum of 30 orders required for this menu.

Prices are subject to change. Taxes are not included.



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