

# What does Disability Mean to You?

Presented by Accessible Learning Services

Niall O'Connor, Accessibility Consultant



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# What Does Disability Mean to Me?

“Disability means something different for everyone, whether it’s part of their identity, something that’s just left on the floor like it doesn’t belong anywhere, or it could be something that crops up from time to time.”

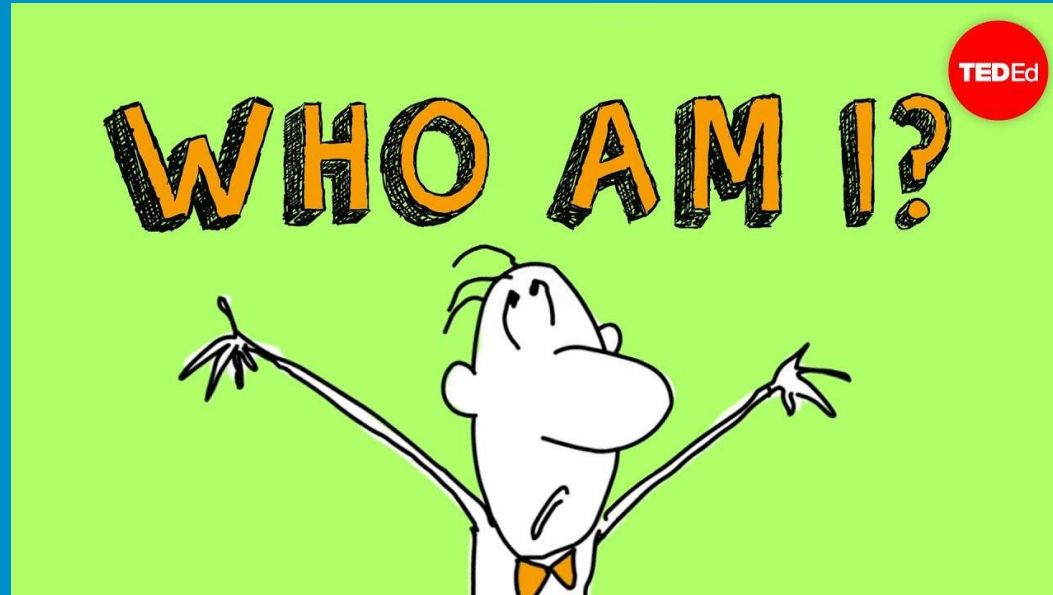
(Holly, Disability Blogger,  
LifeofaBlindGirl.com, 2019)

# What Does Disability Mean to Me?



- It's a broad concept but something that is personal and unique to every disabled person.

# Disability Means Identity



“I guess the identity can stem from what disability means to you. For me, I identify as a disabled adult. I choose to be very open about this fact. However, the identity does not mean it is all consuming- even if it can feel like this from time to time.” (Chloe Tear, Disability Blogger, [chloetear.co.uk](http://chloetear.co.uk), 2018)

# Disability Means Difference

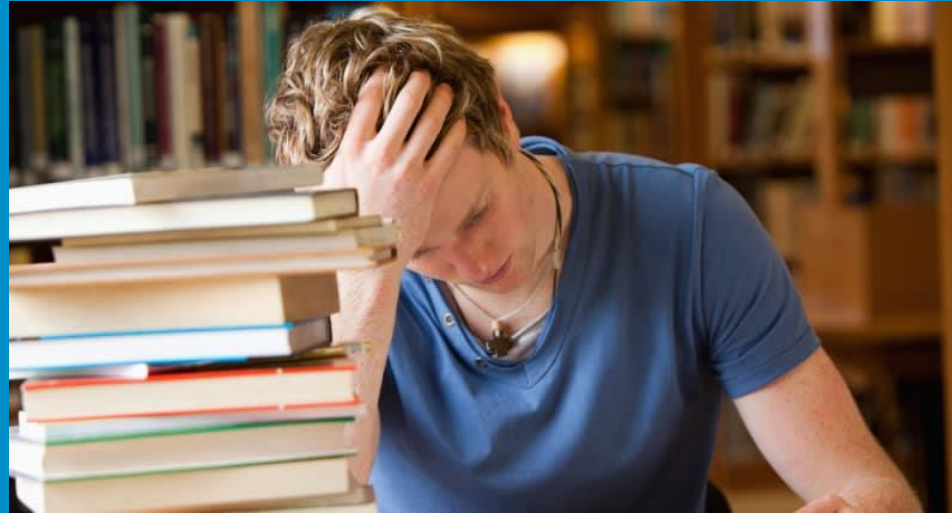
Disability is a complete spectrum of abilities which means no two people are the same. That being said, the similarities between us can be something to hold onto.



“Despite disability giving us these negative differences, they can lead to beautiful positivity and don’t necessarily condemn us to a negative life.” (Chloe Tear, Disability Blogger, [chloetear.co.uk](http://chloetear.co.uk), 2018)

# Disability can mean Working Harder than Others

“Disability is hard work when you are living in a world that was not designed for you.”  
(Chloe Tear, [chloetear.co.uk](http://chloetear.co.uk), 2018)



The hard work and dedication means the end result and small achievements can be especially gratifying.

# Disability can mean Inequity and Inequality

“Inequality is something that disabled people regularly face, sometimes on a daily basis. This could be an inaccessible website, being turned down by employers, not being able to access a building because there is no lift or ramp, having to justify your abilities to others or an access refusal because you have an assistance dog.” (Holly, LifeofaBlindGirl.com, 2019)



# Disability Means Possibility

“This is the exciting part, like many stories, there are two sides. Many people agree a disability has given them a unique outlook on life. It gives you a different perspective to other people and can impact our lives in ways you wouldn’t think.” (Chloe Tear, Disability Blogger, [chloetear.co.uk](http://chloetear.co.uk), 2018)





# Disability Means Community

“Having a disability means that you can feel a range of emotions, and you may sometimes feel isolated and alone but being part of the disabled community means that you are never alone.” (Holly, Disability Blogger, LifeofaBlindGirl.com, 2019)



# THANK YOU.

Email: [accessible-learning@humber.ca](mailto:accessible-learning@humber.ca)



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