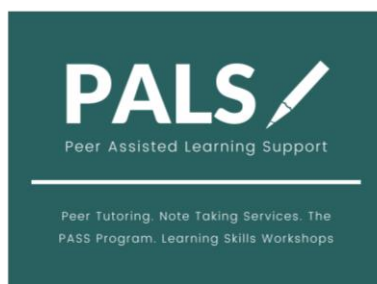


LEARNING SKILLS WORKSHOPS

OCTOBER 2020

Via Live Stream

DATE	TIME	WORKSHOP
Tuesday, Oct 6th, 2020	10:40 AM – 11:35 AM	Conquering Brain Freeze: Improving Memory and Concentration
Wednesday, Oct 7th, 2020	1:30 PM – 2:20 PM	Let's Get Digital: Tips for Online Learning
Thursday, Oct 8 th , 2020	2:25 PM – 3:15 PM	Tips for Multiple Choice Tests
Tuesday, Oct 13 th 2020	10:45 AM – 11:35 AM	I'm Too Busy: How to Manage Your Time
Wednesday, Oct 14 th , 2020	11:40 AM – 12:35 PM	Chill it's All Good: How to Manage Your Stress
Thursday, Oct 15 th , 2020	2:25 PM – 3:15 PM	Let's Get Digital: Tips for Online Learning
Tuesday, Oct 20 th , 2020	3:20 PM – 4:10 PM	Calm and Confident Test-Prep & Test-Taking
Wednesday, Oct 21 st , 2020	11:40 AM – 12:35 PM	Present Like a Boss!
Thursday, Oct 22 nd , 2020	2:25 PM – 3:15 PM	Group Work: The Struggle is Real



Workshops are 50 minutes in length and FREE for all students!

All workshops are delivered online

<https://ca.bbcollab.com/guest/6bafc8d03bbb4c9e889d200e6f7e6594>



For more information, visit us online at <https://humber.ca/learningresources/learning-skills-workshops>