

# LEARNING SKILLS WORKSHOPS (LSWs)

OCTOBER 2022  
VIA LIVE STREAM & IN PERSON!



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p><b>Oh Snap, I'm Broke! Managing Your Money</b></p> <p>🕒 10:00am-11:00am 📍 North - MWC, LRC 3058</p>	<p>4</p> <p><b>Group Work: The Struggle is Real</b></p> <p>🕒 3:00pm-4:00pm 📍 Lakeshore - WEL 202A</p> <p><b>Academic Integrity Workshops</b></p> <p>🕒 12:00pm-1:00pm 📍 North - MWC, LRC 3rd Floor</p> <p>🕒 4:00pm-5:00pm 📍 Online</p>	<p>5</p> <p><b>Oh Snap, I'm Broke! Managing Your Money</b></p> <p>🕒 2:00pm-3:00pm 📍 Online</p>	<p>6</p> <p><b>APA Skills Workshops</b></p> <p>🕒 12:00pm-1:00pm 📍 Online</p> <p>🕒 1:00pm-2:00pm 📍 Lakeshore - F201</p>	<p>7</p>
<p>10</p>	<p>11</p> <p><b>Tips for Multiple Choice Tests</b></p> <p>🕒 11:30am-12:30pm 📍 North - MWC, LRC 3058</p> <p><b>Oh Snap, I'm Broke! Managing Your Money</b></p> <p>🕒 3:00pm-4:00pm 📍 Lakeshore - WEL 202A</p> <p><b>Academic Integrity Workshop</b></p> <p>🕒 12:00pm-1:00pm 📍 Online</p>	<p>12</p>	<p>13</p> <p><b>Should I Write This Down? Note Taking Skills</b></p> <p>🕒 10:30am-11:30am 📍 Online</p> <p><b>APA Skills Workshops</b></p> <p>🕒 12:00pm-1:00pm 📍 North - MWC, LRC 3rd Floor</p> <p>🕒 1:00pm-2:00pm 📍 Online</p>	<p>14</p> <p><b>Academic Integrity Workshop</b></p> <p>🕒 2:00pm-3:00pm 📍 Lakeshore - F201</p>



Available for free to all students at Humber and Guelph-Humber!



Participants have a chance to win monthly \$25 gift cards



Attend 5 LSWs and add this experience to your Co-Curricular Record

For more information, visit:

[humber.ca/learningresources/learning-skills-workshops](https://humber.ca/learningresources/learning-skills-workshops)

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>17</p> <p><b>Present Like a Boss! Presentation Skills</b></p> <p>🕒 1:30pm-2:30pm 📍 North - MWC, LRC 3058</p>	<p>18</p> <p><b>Academic Integrity Workshops</b></p> <p>🕒 12:00pm-1:00pm 📍 North - MWC, LRC 3rd Floor</p> <p>🕒 4:00pm-5:00pm 📍 Online</p>	<p>19</p>	<p>20</p> <p><b>Calm and Confident: Test-Prep and Test-Taking</b></p> <p>🕒 2:30pm-3:30pm 📍 Lakeshore - WEL 202A</p> <p><b>APA Skills Workshops</b></p> <p>🕒 12:00pm-1:00pm 📍 Online</p> <p>🕒 1:00pm-2:00pm 📍 Lakeshore - F201</p>	<p>21</p> <p><b>Group Work: The Struggle is Real</b></p> <p>🕒 12:30pm-1:30pm 📍 Online</p>
<p>24</p> <p><b><u>I'm Too Busy! How to Manage Your Time</u></b></p> <p>🕒 10:00am-11am 📍 Online</p> <p><b><u>Conquering Brain Freeze: Improving Your Memory and Concentration</u></b></p> <p>🕒 12:00pm-1:00pm 📍 Online</p> <p><b><u>Chill, It's All Good! How to Manage Your Stress</u></b></p> <p>🕒 2:30pm-3:30pm 📍 Online</p>	<p>25</p> <p><b><u>Catching Zs: Sleep Tips for Success</u></b></p> <p>🕒 10:00am-11am 📍 Online</p> <p><b><u>What's Your Learning Preference?</u></b></p> <p>🕒 12:00pm-1:00pm 📍 Online</p> <p><b><u>Group Work: The Struggle is Real</u></b></p> <p>🕒 2:30pm-3:30pm 📍 Online</p>	<p>26</p> <p><b><u>Let's Get Digital: Tips for Online Learning</u></b></p> <p>🕒 10:00am-11am 📍 Online</p> <p><b><u>Calm and Confident Test-Prep and Test-Taking</u></b></p> <p>🕒 11:00am-12pm 📍 Online</p> <p><b><u>Oh Snap, I'm Broke! Managing Your Money</u></b></p> <p>🕒 12:00pm-1:00pm 📍 Online</p>	<p>27</p> <p><b><u>Present Like a Boss! Presentation Skills</u></b></p> <p>🕒 10:00am-11am 📍 Online</p> <p><b><u>Should I Write This Down? Note Taking Skills</u></b></p> <p>🕒 11:00am-12pm 📍 Online</p> <p><b><u>Tips for Multiple Choice Tests</u></b></p> <p>🕒 12:00pm-1:00pm 📍 Online</p>	<p>28</p>

READING WEEK



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