# THE SHORT GUIDE TO ACCESSIBLE MUSIC EDUCATION









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# THE ONLY GUIDE TO A((ESSIBLE MUSI( EDV(ATION IN THE VK

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# The Short Guide to Accessible Music Education (UK)

#### What is 'The Short Guide to Accessible Music Education'?

One of the comments we regularly hear in the course of our work is "Wouldn't it be great if there was a single website/ resource dedicated to music education and children and young people with Additional Support Needs?"

In the first instance, you can contact your local music service or music education hub to find out what accessible opportunities are available in your area.

In addition to this, we believe it is useful (and somewhat overdue!) to spotlight specific information, resources and opportunities 'all under one roof' – for disabled musicians, their parents and carers, music teachers and beyond. It's worth noting that many of the items listed in this guide will have strong links to individual music services and music education hubs.

So, this is one attempt to meet this need – imperfect, certainly, but hopefully a good start, which can be expanded upon by you. We clearly have gaps – please get in touch!

We haven't attempted to provide a comprehensive list or database, nor do we offer qualitative opinions because the scale of such an enterprise is beyond our present resources.

What we can hopefully provide is a snap shot of what is currently out there, with scope for you to investigate further at your leisure.

Finally, the focus of this guide is limited to music education, which means we haven't included links to Music Therapy. We recognise the fantastic work delivered by Music Therapists across the UK and further information can be found via individual music services/hubs or the British Association for Music Therapy (BAMT) or Nordoff Robbins/ Nordoff Robbins Scotland.

## Got something to share?

We'd love to hear from you!

Please contact us through the website contact form at https://theshortguidetoaccessiblemusiceducation.wordpress.com

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- ➤ Drake Music, Drake Music Scotland and the Music Education Council are not responsible for any content on the links and websites listed in this guide. If you come across any material you consider inaccurate or inappropriate, please contact the website or organisation directly.
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- Wherever possible, all descriptions are quoted directly/ paraphrased from the source website in question. We cannot vouch for the claims, descriptions or language used about individual products and resources.
- ➤ All information in this document is correct at the time of going to press.

#### **Access Requirements:**

We are working towards making this resource fully accessible. If you require this information in a different format, we are happy to discuss any access requirements.

Please do contact us, we'd love to hear from you.



#### Contents

- 1. Music organisations and music charities
- 2. Teaching and Learning
  - Teaching resources
  - Assessment and accreditation
- 3. Instruments and Ensembles
  - Accessible electronic musical instruments
  - Instrument purchase schemes
  - Useful music software
  - Other useful equipment
  - iPad music-making apps
  - Disabled-led music ensembles
- 4. Professional Development
  - Training courses
  - Conferences
  - Guides and toolkits
  - Research and reports
  - Effective practice films
- 5. Social Media
  - Online articles, blogs and podcasts
  - People and hashtags to follow on Twitter
  - Facebook
- 6. Accessible music venues and performances

#### **Acronym alert!**

We've tried to avoid using a lot of tricky acronyms in this guide. The most common one you'll see is 'ASN/ SEN/D' which stands for 'Additional Support Needs/ Special Educational Needs and/or Disabled'. Both terms are used widely across the UK and for the purposes of this guide are treated as interchangeable.

# 1. Music organisations and music charities

#### **UK** wide

- 1. <u>The Amber Trust</u> Amber's vision is to give blind or partially-sighted children the best possible chance to fulfil their musical aspirations.
- Association of British Orchestras The ABO champions its member orchestras' and opera companies' education and community work, highlighting the work through publications, briefings, and conferences. NB: Many orchestras work with special schools. Although we have highlighted some individual orchestras, there isn't space to include them all see the <u>ABO's directory</u> for further information.
- 3. <u>Help Musicians UK</u> Help Musicians UK is the leading UK charity for professional musicians of all genres, from starting out through to retirement. We help many musicians who have a disability or long term illness, and we will always try to make sure that you are getting all the help you are entitled to from the NHS, local government and benefits system. NB: for musicians 21 years old + only.
- 4. <u>Jessie's Fund</u> Helps children with serious illness, complex needs, and communication difficulties through the therapeutic use of music.
- 5. <u>Live Music Now</u> works in around 15% of the UK's special schools, with 350 musicians and staff based throughout England, Wales, Scotland and Northern Ireland. Working with teachers and academics, LMN's musicians are trained to provide music workshops that are designed to support children and families with a range of different specialist needs.
- 6. The Music Education Council (MEC) Acts as a medium for bringing together in a working relationship those organisations and institutions in the United Kingdom involved in music education and music education training, thereby creating a common meeting ground and opportunities for the exchange of information and the promotion of joint or connected activities. Includes a strategic working group and webpage dedicated to music and ASN/ SEN/D.
- 7. The Musicians' Union The MU champions the work of organisations working with and teaching disabled musicians. This includes: helping to improve access to live music for audiences and artists; offering continuing professional development which covers SEN/D/ ASN music education; representing disabled members working across the music industry including teaching.

- 8. <u>Music of Life</u> is a national charity that uses high-quality music-making to advance education and improve the health and well-being of disabled children and young people aged up to 25.
- 9. <u>Music Teachers.co.uk</u> MusicTeachers.co.uk is a free service which aims to support musicians in every aspect of education and performance. We are the leading online service of its kind for UK music teachers, and we help thousands of people every week find a music teacher and music lessons which are right for them.
- 10. <u>Soundabout</u> National charity that has pioneered the use of music, rhythm and sound to give even the most disabled children and adults a voice, a way to express themselves and be listened to. Their area of expertise is PMLD.

#### **England - National**

- Bridge Organisations
   The Arts Council funds a network of 10 Bridge organisations to connect the cultural sector and the education sector so that children & young people, including those who are disabled, can have access to great arts and cultural opportunities.
- 2. <u>Drake Music</u> Leaders in music, disability and technology. We use new technologies and ideas to open up access to music for all. (N.B. This is a separate organisation from Drake Music Scotland, and Drake Music Project Northern Ireland)
- 3. <u>Inclusive Music</u> is an organisation specialising in enabling Access for All no matter what the age or disability. Using the latest Music Technology we offer Teaching, Training, Workshops and a huge library of online resources. We also run projects leading to high quality musical performances.
- 4. <u>Laboratory Media Education</u> LME simplify music technology for its creative use in education, health and social inclusion. We work with a wide range of participants with varying levels of ability and needs to achieve outcomes from fun to provoking profound change. Often both.
- 5. <u>Live Music Now</u> works in around 15% of England's special schools, with staff and musicians based in each of the English regions. Working with teachers and academics, LMN's musicians are trained to provide music workshops that are designed to support children and families with a range of different specialist needs.
- 6. <u>Music and the Deaf</u> Aims to enrich the lives of those with hearing loss through the experience of music.
- 7. <u>Music Education Hubs</u> Music Education Hubs are groups of organisations such as local authorities, schools, other hubs, art organisations, community or voluntary

- organisations working together to create joined-up and inclusive music education provision, respond to local need and fulfil the objectives of the hub as set out in the national plan for Music Education.
- 8. OHMI enabling people with physical disabilities to participate in music-making through the use of adapted instruments and supportive apparatus.
- 9. OpenUp Music OpenUp Music empowers young disabled musicians to build inclusive youth orchestras. Together we develop accessible musical instruments and repertoire, challenge expectations and forge new progression routes through the creation of great music.
- 10. Orchestras Live Orchestras Live believes that orchestras are for everyone and it coproduces a wide range of projects and events, including the Able Orchestra in partnership with The Hallé and Inspire Youth Arts, and a music leadership mentoring programme with emerging disabled musicians in partnership with the Royal Philharmonic Orchestra and Essex County Cultural Development.
- 11. <u>Royal National Institute of Blind People (RNIB)</u> Information and resources about music for people with sight loss.

#### **England - East of England**

- 1. <u>Beat This CIC</u> We use music and technology to help children, young people, adults and people with additional needs develop skills, interact and express themselves through music.
- 2. <u>The Funky Pie Company</u> Delivers Hertfordshire Music Service's Arts Award Provision to Special Schools and leads on their ASN/ SEN/D provision.
- 3. <u>The Music Man Project (Mencap)</u> Provides daily music sessions for anyone with learning disabilities aged 16 years and above.
- 4. <u>Pro Corda</u> Innovative life-changing course for children with ASN/ SEN/D using the power of ensemble training to benefit personal and social progression.
- 5. <u>Group A (Snape Maltings)</u> Group A is a vocal group for 8-18 year olds in Lowestoft that works with professional musicians to develop creative performances. We currently have 50 members including young people from PRUs, special schools and in mainstream education who attend.
- 6. <u>T.I.M.E (Therapy In Musical Expression)</u> T.I.M.E. is an Essex based music service, with a concept that allows participants of all ages, abilities and backgrounds, the

opportunity to express and experiment, for their own benefit, within a musical environment. (New website coming soon: <a href="http://www.timemusictherapy.co.uk/">http://www.timemusictherapy.co.uk/</a>)

#### **England – Midlands**

- 1. <u>Bamboozle Theatre Company</u> deliver magical, memorable, multi sensory experiences for children and young people with moderate to profound learning difficulties as well as those with emotional and behavioural difficulties. Includes INSET training courses in Building Confidence in Music.
- 2. <u>Big Top Musical Adventures CIC</u> was founded by two friends who met whilst studying at the Birmingham Conservatoire. With a shared passion for creative music making, they offer relaxed multi-sensory workshops for families with children with additional needs and their siblings.
- 3. M and Em Music are workshop leaders and facilitators based in Birmingham, bringing inclusive music to the community. They are passionate about inclusive music and have delivered various workshops throughout the community both individually and as partners.
- 4. <a href="mac makes music">mac makes music</a> is an innovative music inclusion programme developing creative music making opportunities through band development, choir, songwriting and composition, live performance, and music technology for children and young people of all abilities. We offer training for the music leader workforce and advocate for equality in music education.
- 5. <u>Melody</u> is an inclusive, collaborative organisation dedicated to the promotion of instrumental teaching for people with learning disabilities.
- 6. <u>Music and Ability</u> is a programme delivered by the City of Birmingham Symphony Orchestra in special schools. The programme will conclude in the autumn of 2018 when the CBSO will host a SEND music conference in partnership with mac makes music, including the launch of their Toolkit for orchestral musicians.
- 7. <u>Pedestrian</u> We run several major music programmes and all of our work as an arts and education charity is targeted at young people in challenging circumstances who may not otherwise have equal access to music and arts provision.
- 8. <u>Sense Arts</u> pioneers the development and delivery of arts activities, workshops and events specially tailored towards individuals with sensory impairments. We offer a series of high quality arts events that range from art exhibitions and ambitious dance projects, to workshops, creative making sessions and more.

#### **England - North East**

- 1. <u>Accessible Arts & Media</u> Accessible Arts & Media's IMPs project offers year-round inclusive music activities for young people aged 5-25 from York and the surrounding area. Disabled and non-disabled young people learn to sing and sign, make music, and take part in performances. Siblings and friends are welcome too.
- 2. <u>darts (Doncaster Community Arts)</u> is joint lead partner for Doncaster Music Education Hub. We offer exciting musical provision in schools and during holidays for children and young people with physical and learning disabilities, including PMLD. darts is Makaton friendly.
- 3. <u>Musical Arc</u> An inclusive organisation which supports and inspires people with physical / sensory impairments to play music in a range of styles and to compose original works.
- 4. <u>Yorkshire Association for Music and Special Educational Needs (YAMSEN)</u> An association dedicated to providing and promoting high quality musical activities and tuition for adults and children with a wide range of special needs.

#### **England - North West**

- 1. <u>Billy & Andy's Manchester Music School</u> Provides accessible music workshops for young people with disabilities in the North West.
- 2. <u>Epiphany Music</u> We deliver and support creative, accessible, inclusive music-making in Special Educational Needs and Disability settings.
- 3. <u>More Music</u> Music and education charity with over 20 years of experience delivering workshops, training, performances and festivals.
- 4. <u>Music Unlimited</u> We conceive, pioneer, develop and spotlight inclusive pathways into music making.
- 5. RosFish Music Ros Hawley and Mark Fisher have developed their work in this field together since 1994, devising and delivering creative music projects and residencies, training and interactive performances in hospital, educational and residential settings. Includes music activities with children and adults with complex communication needs, and in delivering training for teachers and support workers who work within this field.

#### **England - South East/London**

- 1. <u>English Folk Dance and Song Society</u> (EFDSS) about an exciting new initiative called Folk Unlimited. Folk Unlimited will introduce creative, inclusive, multi-sensory band sessions for disabled young people aged 12 24, their carers and friends.
- 1. <u>Heart n Soul</u> Award-winning creative arts company and charity. We believe in the talents and power of people with learning disabilities, providing opportunities for people to discover, develop and share this power and talent as widely as possible.
- London Symphony Orchestra LSO On Track Through our Music Service partners, the LSO continues to work with Special Schools and specialist departments of mainstream schools in East London.
- 3. <u>Music House Education</u> The Music House for Children provides quality instrumental and vocal lessons at your London home as well as small group music lessons at our west London school. We provide musical learning for children and babies with additional needs including speech and language delay, autism, deafness, cognitive impairment, ADHD and other undiagnosed needs.
- 4. My Normal Youth Music Project is an intersectional project which will work with Disabled and LGBTQ+ young people, using music to enable them to address the issue of not fitting in and lack of inclusion in youth music in Oxford.
- 5. Pantomimus Our aim is to engage children in a variety of musical activities and include teachers, Early Years Practitioners and if appropriate parents into the sessions also. The core of our activities is singing and moving, exploring sounds, expressive movement and playing simple percussion instruments. All activities are developing skills as stated in the National Music Curriculum and more.
- 6. <u>Rhythmix</u> is a music and social welfare charity that provides opportunities for music making to people in challenging circumstances. We deliver weekly sessions in over twenty Special Schools across East Sussex, West Sussex, Brighton & Hove and Surrey.
- 7. <u>Sound Connections</u> Develops, enables & empowers young Londoners through high quality music-making opportunities including the Challenging Circumstances Music Network which advocates for young musicians with ASN/ SEN/D.
- 8. <u>The Music House for Children</u> provides quality instrumental and vocal lessons including musical learning for children and babies with additional needs including speech and language delay, autism, deafness, cognitive impairment, ADHD and other undiagnosed needs.

#### **England - South West**

- 1. <u>CEDA</u> Independent registered charity and not-for-profit company limited by guarantee which provides learning and social opportunities to disabled people in Devon. Music sessions are delivered as part of an overall arts offer.
- 2. <u>Heart Beats music</u> is a Somerset club for younger adults with learning disabilities. Heart Beats is run by Count Me In. Our team give you the support and opportunities to have friendly fun and play live music on real instruments. Our 'AllStars' project is about playing, leading and teaching music.
- 3. <u>Music Alive</u> Music Alive aims to improve access to music for disabled people, to initiate and develop creative music making with disabled and non-disabled people and to support disabled people to achieve more independent, fulfilled and integrated lives.
- 4. <u>Music Over Matter</u> A music education service for children with special needs based in Wiltshire, UK. At Music Over Matter we believe that music is not a luxury but a necessity. Launched in 2018 by music performance graduate Emma Hughes.
- 5. The Music Works We are a charity based in Gloucestershire which transforms lives through music. We work specifically with young people facing barriers to making music including young people facing a range of challenging circumstances, and those whose musical passions and interests aren't reflected by what's on offer to them.
- 6. The National Centre for Inclusive Excellence NCIE) is a national initiative, established by Bristol Music Trust, which aims to transform the music industry and education sectors by removing barriers to participation at all levels. To do this, the NCIE brings together partners from the music industry, higher education, local and national government, and creative and cultural organisations to connect the dots between music education and the music industry.
- 7. The Singing Trust is a ring-fenced strand within La Folia dedicated to creative work with young people with special needs. An ongoing programme of student-created music and theatre performances for young people with special needs, its aims include to improve communication skills and enable pupils to express their feelings and ideas.
- **8.** Share Music South-West Main aim is to encourage adults with a wide spectrum of disabilities (e.g. physical, learning, sensory) to take part in Workshops where they create and perform original music and music theatre.
- 9. <u>The Turning Tides Project</u> believes that everyone has the right to equal access to music, the arts and life. We intend to make this right a reality for people with

- 'learning disability' or 'autism' labels in Devon. The Turning Tides Project is a Community Interest Company; a non-profit organisation.
- 10. Zone Club has been developed by Wiltshire Music Centre for learning disabled young adults (aged 16-25) who meet monthly to create and perform songs, dance, make films and learn music technology. They work collaboratively to develop their confidence and self esteem, alongside specialist artists, musicians and film-makers.

#### **Scotland - National**

- <u>Drake Music Scotland</u> The nation's leading charity creating opportunities for children and adults with disabilities to learn, compose and perform music independently. (NB: this is a separate organisation to Drake Music, and Drake Music Project Northern Ireland)
- 1. <u>Live Music Now Scotland</u> LMN works with a very diverse range of people that rarely, if ever, have the opportunity to experience live music, including work in special schools.
- 2. <u>Music Services in Scotland</u> All music services/music education hubs in the UK include some provision for disabled children and young people contact your local service for details. We are aware that there may be inaccuracies within this document but there is no up to date list for Scottish Music Services at present.

#### Scotland – West

- 1. <u>Beatroute Arts</u> Beatroute Arts is a community-led charity based in Balornock in the North East of the city of Glasgow, offering high-quality, free creative and holistic activities for young people between the ages of 8 and 25 and adult community groups such as older people and adults with complex support needs in order to improve quality of life for our local community.
- 2. <u>Hear My Music</u> is a charity enabling people with complex needs and/or Autism to express themselves as individuals through inclusive participant-led music making.
- 3. <u>MusicALL</u> increases the participation and visibility of young people with Additional Support for Learning needs in society. As their talents flourish and grow we are all challenged to think differently
- 3. <u>Paragon</u> is an inclusive music company inspiring people to create and perform their own music. They are passionate about using music and the arts to raise people's aspirations, promoting positive self-image, teamwork, communication and learning.

#### Wales - National

- 1. <u>BBC National Orchestra of Wales</u> Delivers regular inclusive music projects, workshops and concerts for special schools, including Relaxed Performances for young people with Autistic Spectrum Conditions.
- 2. <u>Live Music Now Wales Cymru</u> LMN works with a very diverse range of people that rarely, if ever, have the opportunity to experience live music, including work in special schools.
- 3. <u>Music Services in Wales</u> All music services/ music education hubs in the UK include some provision for disabled children and young people contact your local service for details.
- 4. Royal Welsh College of Music & Drama Runs a 'Musicians in Focus' Scheme for visually impaired and blind musicians including specialist support for Junior Conservatoire students, an evening class for adults and a summer school.

#### **Wales - South Wales**

- 1. <u>Touch Trust</u> We provide unique creative movement programmes for individuals with learning disabilities, those affected by autistic spectrum disorder (ASD), complex needs, behaviour which challenges, and other vulnerable groups in the community.
- 2. <u>visiblemusic</u> Works with mainstream, ASN/ SEN/D and NEET young people in schools and communities, providing exciting courses, tuition, workshops and other activities relating to modern music and sound technology.

#### **Northern Ireland**

- 1. <u>Music Services in Northern Ireland</u> All music services/ music education hubs in the UK include some provision for disabled children and young people contact your local service for details.
- 2. <u>The Drake Music Project Northern Ireland</u> Provides access to independent music making for children and adults with complex disabilities. (NB: this is a separate organisation to Drake Music, and Drake Music Scotland)
- 3. <u>Garden of Music</u> Community Interest Company (C.I.C) We advocate for accessible music making and education, using a capacity building approach for sustainability.

- 4. <u>Live Music Now Northern Ireland</u> LMN works with a very diverse range of people that rarely, if ever, have the opportunity to experience live music, including work in special schools.
- 5. <u>Ulster Orchestra</u> Launched a learning and community engagement project in 2016 ('The Music Room') which includes work with special schools.

#### International – Organisations wanting to share practice

- 1. <u>ISME</u> supporting and promoting music education and music making for all. Run a biannual Music in Special Education and Music Therapy pre-conference seminar prior to the world conference.
- 2. <u>Special Music Centre</u> Resonaari Special Music Centre Resonaari (Helsinki, Finland) has a music school for people with special needs. Music school offers instrument and band lessons and has 300 pupils. All of them have one or two music lessons per week.
- 3. <u>Skug Centre</u> SKUG Center at the Music School, Tromsø Norway, is a resource center for specially adapted music lessons. By adopting a combination of computer technology, accessibility technology (such as switches) and music is no limit to who can get lessons at SKUG Center.

# 2. Teaching and Learning

#### **Teaching resources**

- ABC Music for SEN/ ASN A child-centred approach to creative music education, ideal for the SEN/ASN sector.
- 2. Charanga Musical School Has a specific SEND/ASL section on the website.
- 3. <u>Figurenotes</u> Award winning Figurenotes notation uses colour and shape to convey all the information of traditional music notation. The Scottish Qualifications Authority (SQA) allow pupils taking exams to compose and perform using Figurenotes notation. Bespoke Figurenotes training for individuals and organisations is available from Drake Music Scotland.
- 4. <u>Freesound</u> Aims to create a huge collaborative database of audio snippets, samples, recordings, bleeps, ... released under Creative Commons licenses that allow their reuse.

- 5. <u>Friday Afternoons (Snape Maltings)</u> is an international initiative encouraging young people to sing. Our ever-growing Song Bank contains new music and support material to help teachers develop their students' skills including Modified Stave Notation and Braille Scores (created by RNIB), signed videos (created by Dr Paul Whittaker) and Figurenotes notation.
- 6. <u>Golden Chord</u> A business dedicated to providing a high quality personalised transcription service for customers who require music, music-related and other materials in Braille.
- 7. The Improvise Approach a refreshingly simple system that enables anyone to make music on an iPad in a free and spontaneous way no wrong notes!
- 8. <u>Music4SpecialNeeds</u> I have created this website to share resources and ideas that I have developed in the past years with the aim of making music more accessible and enjoyable for children with disabilities and/or learning difficulties.
- 9. Ocarina Workshop manufacture English Ocarinas in the UK. The 4-hole Oc offers a full chromatic octave using just the two strongest fingers of each hand; a simple breath produces a beautiful sound. Ocarina music is uniquely simple, even for prereaders and SEND. Plastic Ocarinas, including the specially adapted one-handed Ocarina, integrate easily into any music group.
- 10. Open Orchestras provides Music Education Hubs, arts organisations and schools with everything they need to establish and maintain orchestras in special schools accessible musical repertoire, schemes of work and a new musical instrument that can be played with any part of the body (including the eyes) all underpinned by specialist training and support.
- 11. <u>SingUp</u> Drake Music created accessible singing resources that can be downloaded from the Sing Up Song Bank. These resources are designed to fully involve ASN/ SEN/D children in singing activities (Foundation stage to KS4) including children with physical impairments, communication difficulties and other special needs.

#### Assessment and accreditation

- 1. Arts Award (Trinity College London) Through Arts Award's five levels, children and young people aged up to 25 can explore any art form including Music, performing arts, visual arts, literature, media and multimedia.
- 2. <u>Compose and Perform</u> (Drake Music) Disabled-led accredited music course created for young people who would like to progress further with music. Available at Entry 3, level 1 and Level 2.

- 3. <u>Creative, Media and Performance Arts Entry Pathways</u> (WJEC) Entry Level Pathways courses in the Arts, including 4 units focussing on music skills at Entry Level 2 and 3.
- 4. <u>Melody Music Certificates</u> Melody Music Certificates are unique in that they provide total freedom for teachers to send an individual agenda for each pupil. The assessment will be done by a music teacher who is aware of the additional support needed by those with learning disabilities.
- 5. <u>MU Basics</u> (Music Unlimited) A robust and logical scheme for assessing an individual's skills in, and understanding of, live performance.
- 6. <u>Sounds of Intent Assessment Framework</u> Assessing, recording and promoting musical development in children and young people with complex needs.
- 7. <u>Unit Award Scheme</u> (AQA) Offers learners the opportunity to have their achievements formally recognised with a certificate issued by AQA each time a short unit is successfully completed.

## 3. Instruments and ensembles

#### Accessible electronic musical instruments

- 1. <u>Apollo Ensemble</u> PC software that links together inputs from switches and movement sensors to outputs including sound, lighting and image. It can be used to create accessible musical instruments, interactive spaces and sensory environments to suit a wide range of individual abilities.
- 2. <u>Beamz</u> The Beamz is an interactive music system, allowing you to play impressive music easily and quickly.
- 3. <u>BIGmack switch</u> Large single button, single message device for quick and easy communication.
- 4. <u>The EyeHarp</u> is a gaze-controlled music interface. It aims to allow people with physical disabilities learn and play music. It is open source and free to download and use.
- 5. <u>E-Scape</u> The E-Scape music software has been specifically designed to be used by the widest range of people with disabilities to create or perform music.
- 6. <u>Eye Conductor</u> is a musical interface that allows people with physical disabilities to play music through eye movements and facial gestures.

- 7. <u>iPad</u> A touch screen tablet with music making apps.
- 8. <u>LinnStrument</u> An expressive MIDI controller for musical performance.
- 9. <u>Makey Makey</u> Turn everyday objects into touchpads and combine them with the internet.
- 10. <u>Skoog</u> A revolutionary tactile cube that will change the way you and your family enjoy, create and learn music. Lesson plans and other resources to support use of Skoog in the classroom are also available.
- 11. <u>Soundbeam</u> An award-winning 'touch free' device which uses sensor technology to translate body movement into music and sound.
- 12. <u>The Accessible Music Project (AMPs)</u> Conventional instruments with their keys, strings and learning costs can be a challenge even for the able bodied. Open source software and hardware supports the free planet wide exchange ideas to develop good ideas. My "Accessible Music Project" web site is aimed at sharing those ideas to support the development of assisted music technology.

#### Instrument purchase schemes

1. <u>Take it away</u> Take it away provides interest-free loans to individuals for the purchase of musical instruments, equipment, and software.

#### **Useful music software**

- Ableton Live Software for creating musical ideas, turning them into finished songs, and even taking them onto the stage. Enables audio clips to be controlled by midi controllers and switches.
- 2. <u>Audacity</u> Free, open source, cross-platform audio software for multi-track recording and editing.
- 3. <u>musescore</u> and <u>noteflight</u> Free notation software.
- 4. Notion Notation software for Mac, Windows and iPad. Intuitive software allows you to compose when and how you want and even enter music with your own handwriting.
- 5. <u>Soundplant</u> Turns your computer keyboard into a versatile, low latency sound trigger and playable instrument (can be used in conjunction with Crick USB Switch Box)

#### Other useful equipment

- 1. <u>Adin B1BT 10W Vibration Bluetooth Speaker</u> As the speaker transmits sound waves into the solid surface of metal, wood, glass, plastic, porcelain etc, it transforms the surface to a gigantic 360-degree speaker.
- 2. <u>Crick USB Switch Box</u> This reliable USB switch interface will work with almost all switch accessible software.
- 3. <u>Konig and Meyer 19722 iPad holder</u> The strong prismatic element with its ergonomic clamping screw allows the iPad holder to be attached quickly and easily to any tubes up to 30 mm diameter.
- 4. <u>Korg Wavedrum mini</u> Includes a sensor clip that transforms nearly any object into an instrument.
- 5. Logitech Bluetooth Receiver 'Wire free' audio when using iPads.
- 6. <u>Variable Friction Arm mounting solution with an Inclusive holder for the iPad</u> This flexible system, with a wide range of adjustment, makes it easy to position an iPad for optimum touch access.
- 7. <u>Wowee Speaker</u> The WOWee ONE™ speaker range with patented Gel Audio™ technology turns any surface into sound and makes an ideal tactile sensory stimulation aid for deaf, blind or autistic children and adults

#### iPad music-making apps

NB: most apps also available to download for Android devices Prices vary for each app.

- 1. <u>Airvox</u> A unique and precise musical instrument controlled without touch -- only using hand gestures and motions.
- 2. <u>Beatsurfing</u> This Application lets you to draw a 3-dimensional controller which you can use, like any other, by tapping...you design your own paths until they suit you, follow routes, take turns and cuts with your fingers and collide with objects along the way, triggering melody, beats, effects.
- 3. <u>Bebot</u> Instead of a keyboard, it has an easy-to-use touch control system. And it's all built into a friendly animated robot, who performs your music while you play.

- 4. <u>Bloom</u> Part instrument, part composition and part artwork, Bloom's innovative controls allow anyone to create patterns and melodies by simply tapping the screen.
- 5. <u>Garageband</u> Turns your iPad, iPhone, and iPod touch into a collection of Touch Instruments and a full-featured recording studio so you can make music anywhere you go.
- 6. iKaossilator Uses an intuitive X-Y pad to provide expressive musical control.
- 7. <u>Loopseque</u> A music ecosystem which includes powerful sequencer, sampler, fx processor and record store with many beautiful releases from talented artists.
- 8. <u>Madpad</u> Turn everyday sights and sounds like your car, an empty soda can, or your friends into the ultimate percussive instrument.
- 9. <u>Thumbjam</u> You get over 40 high-quality real instruments multi-sampled exclusively for this app.
- 10. TNR-i Even if you do not have any musical knowledge, you can create music intuitively by "placing" sounds on the 16 x 16 button grid that are performed musically and visually.

#### Disabled-led/inclusive ensembles

#### **England**

- Able Orchestra Able Orchestra (Nottinghamshire) is an inclusive ensemble of disabled and able musicians in which all members create and perform music on equal terms, regardless of their physical dexterity or musical experience. It includes diverse young musicians alongside adult professional artists from a range of music and digital genres.
- 2. <u>Infinity Orchestra</u> is an Inclusive Orchestra for young people of all backgrounds, musical interests and abilities in Surrey aged 12 to 19 (care leavers 21 and learning disabled 25). Infinity Orchestra is suitable for experienced musicians as well as complete beginners and we are particularly interested in welcoming looked after young people, unaccompanied minors and young people with physical disabilities.
- 3. <u>Music Forge Inclusive Ensemble</u> Northamptonshire Music Education Hub's "Inclusive Ensemble" initiative part of our Fund B "Music Forge" programme developed in partnership with Friar's Academy (SEN/D school, secondary level) in Wellingborough.
- 4. <u>National Open Youth Orchestra</u> Launched in 2018, the National Open Youth Orchestra (NOYO) is the world's first disabled-led national youth orchestra.

- 5. Orchestra ONE (Orchestra of New Experiences) (Kent) a music group for young people to write and perform their own music, influenced by their own tastes, styles and instrumentation.
- 6. <u>The Include Choir</u> (Surrey) The Include Choir is an inclusive choir for people with and without speaking or understanding disabilities. We use Makaton sign, objects of reference and other inclusive communication techniques to help people understand and take part.
- 7. The Sound and Music Summer School (South Hertfordshire) is a week-long residential that gives you the opportunity to explore and develop your musical creativity. The School is committed to being inclusive of young disabled people, those with learning difficulties and other access requirements.
- 8. <u>UP! Orchestra</u> (Surrey) An orchestra that has been specifically put together for young people who require additional learning or physical support.
- 9. <u>Soundbox</u> (London) An ensemble partnership between Drake Music, THAMES, Spitalfields Music and the London Symphony Orchestra, it offers inclusive music-making for young disabled people.
- Young DaDa Ensemble (Liverpool) Accessible music-based activities for young disabled people aged 11 20 in Merseyside. A partnership between DaDaFest, Drake Music, Live Music Now and Resonate Music Hub.

#### **Scotland**

- <u>Digital Orchestra</u> The first ever Digital Orchestra for disabled musicians. Creating new repertoire for accessible music technologies, and collaborating with digital partners and composers on an international scale. Junior Digital Orchestra for those aged 12-18, was launched at the start of 2017.
- Equilibrium was formed in 2014 in response to demand from disabled musicians looking for more opportunities to write and perform music that identifies with traditional Scots music using acoustic instruments such as the harp and fiddle alongside new digital instruments that can be played by musicians with limited mobility.
- 3. <u>Junior Digital Orchestra</u> Drake Music Scotland has launched a new Junior Digital Orchestra for teenage musicians with disabilities

# 4. Professional Development

#### **Training courses**

NB: Please check individual websites for dates and costs. Other providers run one-off, unaccredited training events – contact individual organisations for details.

- Trinity Level 4 Certificate for Music Educators (Trinity College London) Designed for music educators who work with children and young people including a module on equality, diversity and inclusion.
- 2. <u>Post Graduate Certificate in Music and Special Needs: Sounds of Intent</u> Assessing, recording and promoting musical development in children and young people with complex needs.

#### **Conferences**

- 1. <u>Breaking the Bubble Conference</u> (London, normally held October) Breaking the Bubble is an innovation project formed in partnership between Surrey Music Hub, Sound Hub (Kent) and Sound City (Brighton and Hove) to provide advice, training, networks and workshops for special schools.
- 2. <u>Fast Forward Music Festival</u> (Bristol, normally held June/ July) The Fast Forward Festival is run in partnership with BBC Music Day, the British Paraorchestra and The One Handed Musical Instrument Trust. This fully inclusive event also provides an opportunity for participants to see professional artists in a professional venue; an extremely important part of their musical development.
- 3. North East SEND Conference (Sage Gateshead) The conference aims to bring together local, regional and national facilitators to deliver inspirational and practical workshops for schools staff, community leaders and anyone working with young people with Special Educational Needs and Disabilities to enrich their learning through meaningful musical experiences.
- 4. <u>ISME Commission on Special Music Education and Music Therapy</u> (bi-annual conference, different country hosts each time) The commission on Special Music Education and Music Therapy was established in order to contribute to the progressive development of special music education, music therapy, music in special education and other related fields of practice which examine the relationship between music, health, public health and well-being.
- 5. <u>Music and Drama Education Expo</u> (London, normally held in February) Europe's largest conference and exhibition for anyone involved in music & drama education. Always includes numerous sessions dedicated to music and ASN/ SEN/D.

- 6. <u>SAME</u> Scottish Association for Music Education. SAME is the professional association which represents all those involved in music education. Conference usually held in September in Stirling.
- 7. <u>Music Mark Annual Conference</u> (Midlands, usually October) Music Education event which explores a different theme each year, such as Inclusion or Youth Voice.

#### **Guides and toolkits**

- Addressing Special Educational Needs and Disability in the Curriculum: Music
  (Jaquiss and Paterson 2017, 2nd Edition) This topical book provides practical, tried
  and tested strategies and resources that will support teachers in making music
  lessons accessible and exciting for all pupils, including those with special needs.
- 2. <u>Do, Improve, Review: A quality framework for use in music making sessions working with young people in SEN/D settings</u> (Youth Music, Westrup et al 2016) Drake Music, one of Youth Music's strategic partners, have shared their expertise on music-making with disabled young people, in a new version of our reflective practice tool.
- 3. <u>Enabling Young Children with Autism through Musical Engagement. A Music Educator's Toolkit.</u> (Hutchinson 2013) Action research report by Sound Connections.
- 4. How to make music activities accessible for deaf children and young people (ndcs 2013) This resource provides clear guidance and information to ensure that professionals can design and deliver music activities in which deaf children and young people can fully participate.
- 5. <u>Music and people with a learning disability</u> A guide for Music Leaders created by Mencap and MusicLeader Yorkshire.
- 6. <u>Valuing Music in Special Needs Settings</u> (Harris 2016) A training toolkit developed through a collaborative action research project between soundLINCS and Nottingham Trent University.
- 7. We All Make Music GUIDE (2017) Created by Drake Music, this guide aims to help the music education sector to diversify its workforce today and to support young Disabled people to become music leaders in the future.

#### **Research and reports**

1. <u>Breaking the Glass Ceiling Report</u> (Patchitt 2017) On the 29th September 2017, a national symposium called 'Breaking the Glass Ceiling' was hosted by Bristol Music

Trust at Colston Hall in Bristol to discuss the barriers to careers in the Music Industry for young, talented musicians who are disabled.

- 2. <u>Consultation into disabling barriers to formal music education</u>. (Bott and Westrup 2012) National online consultation carried out by Drake Music interviewing young disabled people and their parents as well as musicians and teachers.
- Disabled people in the music education workforce (Morris-Knight, Westrup et al 2017) A small research paper looking at the representation of disabled people in the music education workforce. The research looked at statistical sources of data on the music education workforce and attempted to generate new information using data from music education hubs.
- 4. Engagement with technology in special educational and disabled music settings. (Farrimond et al 2011) Research into the ways in which such technologies are being used for music making with these young people, the legacy of such approaches and the barriers to engagement with technology in these contexts.
- 5. <u>Independent Evaluation of the OHMI Teaching Pilot</u> (Fautley and Kinsella 2017) To support the teaching and learning of music with adapted instruments OHMI, supported by the Arts Council, was funded to conduct a teaching pilot using specially adapted instruments for children aged 7-11 years.
- 6. <u>Music to young ears. Engaging deaf children through music.</u> (Hanson 2013) A study of the benefits of musical engagement, opportunities, best practice and recommendations for future work, commissioned by Music4U.
- 7. <u>Music Education Works</u> is a website run by Anita Holford and Dyfan Wyn Owen dedicated to collecting, summarising and sharing evidence of the impact of music education. Includes research articles about Inclusion and music.
- 8. The Beyond Words project report (Quinn, Blandon and Batson 2017) The two-year project was an ethnographic study exploring how learning music helps people whose communication is non-verbal, such as those with dementia, autism and stroke, and how music workers use the unspoken in their practice.
- The Provision of Music in Special Education (PROMISE) (Welch et al 2016) The paper reports the outcomes of a national survey of music in special schools in England that was conducted in the summer of 2015.
- 10. Research Into Special Educational Needs and Disabilities Music Education, Northern Ireland (Day 2016) The aim of the research was primarily to explore current music provision in ASN/ SEN/D schools and schools with a Learning Support Centre (LSC)

including the accessibility of lessons and training needs for teachers and other school staff.

#### **Effective practice films**

- 1. <u>Drake Music website</u> Showcases videos from a range of education-based projects with a focus on capturing the experiences of disabled young musicians and their teachers. Also features blog posts and videos from music leaders.
- 2. <u>Inspire.music.org</u> A website for everyone involved in music education school based, community based, formal, informal, non-formal to be curious, to be inspired and to think about what really works. Includes several case studies focussing on music and ASN/ SEND.
- Live Music Now on Vimeo Contains several training videos to support delivery of workshops in special schools, including music sessions with young people with Autistic Spectrum Conditions.
- 4. <u>Sounds of Intent</u> The website contains example videos to demonstrate every 'element' statement on the Sounds of Intent framework.

#### **Networks**

NYMAZ SEND Music Network
 This free to join network is open to all those in North
 Yorkshire and Teesside who are working with (or interested in learning more about
 how to work with) children and young people with Special Educational Needs and
 Disabilities including music practitioners, workshop leaders, classroom teachers,
 staff and freelance practitioners. Includes invitations to training events and
 conferences and opportunities to network with peers

## 5. Social media

#### Online articles, blogs and podcasts

- 1. <u>James Rose</u> Describes his on-going journey as a disabled conductor on Disability Arts Online.
- 2. <u>Lost in Music</u> (2016) Jane Douglas examines the difficulties that children with Profound and Multiple Learning Difficulties have in making sense of sound.

- 3. Ouch: Disability Talk! Blog and podcast on the BBC with a focus on disabled people and diverse stories.
- 4. <u>Simon Parton. Musically Speaking: Autism, Music & Technology.</u> (January 2018) "Growing up with an autistic brother in a musical household has meant that the link between music and autism has been prevalent in my life and has always fascinated me."

#### People and hashtags to follow on Twitter

- 1. @AccessibleMusEd The Short Guide To Accessible Music Education
- 2. @FletchSignSong International Deaf SignSong Performer
- 3. <u>#iamamusician</u> Drake Music Scotland specifically aimed at equality for musicians with disabilities.
- 4. @kellyjopadmusic ASN Music Teacher and iPad enthusiast
- 5. <u>#SENDmusic</u> General hashtag created by Youth Music to promote accessible music making in the UK
- 6. <a href="mailto:own-wear-notwork"><u>@weallmakemusic</u></a> Drake Music's inclusive education network for discussion, support & debate
- 7. #LetMeONStage Fighting for EQUAL access to stages for all performers

#### **Facebook**

- 1. <u>Inclusive Music Teachers & Leaders UK</u> A community for teachers, music leaders & music education staff to come together to share tips, ideas, resources and suggestions for inclusive music making. *NB:* This group is closed for privacy, but all music leaders/teachers/hub staff etc are welcome. Follow the link to request access.
- 2. <u>The Short Guide To Accessible Music Education</u> The only guide to accessible music education in the UK
- 3. <u>Additional Support Needs Music Education Scotland</u> A discussion group for people working in ASN in Scotland

# 6. Accessible music venues and performances

#### **UK** wide

- 1. <u>Autism-friendly performances</u> The National Autistic Society has a webpage listing autism-friendly shows including musical theatre.
- Given to Live is a live music project based in the UK that makes going to live music
  possible for the vulnerable and excluded, who would otherwise be unable to attend
  due to physical, mental or emotional issues. We provide the funding for transport,
  tickets and overnight accommodation, for individuals and a companion, support
  worker or carer.
- 3. <u>The Difference Engine</u> is Talking Birds' discreet new tool for making events and performance accessible to partially-sighted, deaf or hard of hearing audience members by delivering captioning or audio description direct to their mobile device. The app is currently available for beta-testing only.
- 4. <u>State of Access Report (Attitude is Everything, 2018)</u> examines the barriers faced by Deaf and disabled people when trying to book tickets for live music events, and sets out our vision for ticketing without barriers.
- 5. <u>Ticketing Without Barriers Coalition</u> Attitude is Everything have convened a far reaching coalition of umbrella organisations, ticketing companies, venues and event companies, who have pledged to work together to remove barriers to ticketing.
- 6. <u>Bentley Fielden</u> Access Mobility Specialists. Hire and Purchase of ramps and wheelchair mobilifts.
- 7. <u>Euan's Guide</u> Euan's Guide is the disabled access review website used by disabled people to review, share and discover accessible places to visit. Built as a friendly and honest alternative to hours of web searching and phone calls before visiting somewhere new, Euan's Guide now has thousands of disabled access reviews and listings for places all over the UK and beyond.
- 8. <u>DisabledGo</u> On their website you'll find detailed access information to thousands of venues across the UK and the Republic of Ireland: shops, pubs, restaurants, cinemas, theatres, railway stations, hotels, universities, hospitals and more.

#### **England – Midlands**

1. <u>Town Hall/ Symphony Hall Relaxed Performances</u> We want as many people as possible to experience our performances, and we're delighted to offer relaxed performances throughout the year. THSH is a certified autism-friendly venue.

#### **England - South East/London**

1. Relaxed Prom (BBC Proms) Concerts suitable for children and adults with autism, sensory and communication impairments and learning disabilities as well as individuals who are deaf, hard of hearing, blind and partially sighted.

#### **England – South West**

1. <u>UPROAR!</u> Komedia Bath and Bath Mencap are proud to present Uproar! Bath's first club night for adults with learning disabilities. The night offers a safe, relaxed and fun environment for adult with learning disabilities and their families and friends to cut loose and dance like nobody's watching!

#### Scotland - National

1. The Queen's Hall is Edinburgh's premier independent mid-sized live music venue, hosting world-class artists from all musical fields: classical, jazz, folk and roots, rock and pop and Americana. Thanks to funding from one of our members they now have a Mobilift CX manual stage lift, which can raise wheelchair users to a height of 1.52m and is very easy and light to operate.

#### Wales - National

 hynt A new national access scheme that works with theatres and arts centres in Wales to make sure there is a consistent offer available for visitors with an impairment or specific access requirement, and their Carers or Personal Assistants. Includes searchable listings for details of accessible music events and performances.



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Music Education Council ASN/SEND Special Interest Group



DRAKE MUSIC SCOTLAND



