

## Sustainability, Equity, Courage, Health & Well-being

# Racism, Accountability, and Wellness

### Learning Objectives:

- 1) To understand how racism is perpetrated, sustained, and experienced by individuals;
- 2) To examine the ways that racism operates in systems and institutions;
- 3) To examine the myriad coping strategies that individuals use, and the ways that such strategies may be empowering or disempowering; and
- 4) To learn about accountability as a powerful foundation for addressing racism at the personal, institutional, and systemic levels.

**Tuesday,  
Jan 24th, 2023  
1:00 pm to 4:00 pm**

**Register - <https://bit.ly/3boclTx>**

This session will be hosted virtually



**Dr. Raven Sinclair**

Ph.D

Dr. Raven Sinclair is Nehiyaw, Saulteaux, and Métis from George Gordon First Nation in Treaty 4, Saskatchewan. She is a Professor of Social Work at the University of Regina, Saskatoon Campus. She is considered one of Canada's foremost experts on the Sixties Scoop.

Dr. Sinclair is an author, filmmaker, researcher, and public speaker. She facilitates workshops on communication, lateral violence intervention, and cultural competency. She is a member of the Canadian Institutes of Health Research College of Reviewers, the Waakebiness-Bryce Institute of Indigenous Health Research, and she served as a federal court appointed Advisor to the Sixties Scoop Healing Foundation Interim board.