

Free Yourself from Self-Consciousness Self-Empowerment workshop

LAKE: F103
MON., MAR. 20, 2017, 11:40 A.M. TO 1:25 P.M.

NORTH: D236
TUES., MAR. 21, 2017, 11:40 A.M. TO 1:25 P.M.

Feeling a bit burned out or questioning your talents? Take a needed time-out. By the end of this workshop you'll feel refreshed, re-energized and self-empowered so that you can get back to what you do with a new energy. You'll experience a variety of training techniques used by actors for personal discovery.



WE ARE
HUMBER

TO REGISTER EMAIL:

WWW.HUMBER.CA/CENTREFORTEACHINGANDLEARNING

