



# ONE ONE ONE

Coaching is a transformative, reflective process that can foster deep growth within us. One-on-one coaching for faculty at Humber is here! Delivered by faculty coaches, this service is a new opportunity to help you get to where you want to go. Whether you wish to enhance yourself inside of the classroom or out, coaching will help you become your personal best self. If you are faculty interested in receiving coaching in a one-on-one setting, this workshop will help you understand what the coaching process can look like for you! Should this be the right fit for you, after this workshop you will be able to get started with your own personal coach!

If you are interested in one-on-one coaching and are unable to attend this workshop email [mike.planche@humber.ca](mailto:mike.planche@humber.ca) for more information.

# COACHING



WE ARE  
HUMBER

**NORTH: D236  
FRI., MAR. 24, 2017  
9:50 TO 10:40 A.M.**

REGISTER ONLINE AT:

[WWW.HUMBER.CA/CENTREFORTEACHINGANDLEARNING](http://WWW.HUMBER.CA/CENTREFORTEACHINGANDLEARNING)