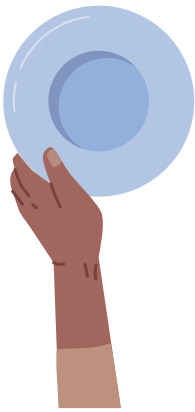


Food Strategy Report

The recent accomplishments in food access, well-being, and sustainability reflect the shared vision outlined in the [Food Strategy and Vision](#) and its core guiding principles. From promoting health and nutrition to strengthening inclusion and belonging, each initiative contributes to a more equitable, accessible, and sustainable campus food environment. By highlighting these achievements through themed groupings—such as food equity and affordability, nutrition and well-being, campus programming, and sustainability—we can more clearly show how these efforts work together to advance Humber’s long-term strategy and our commitment to supporting the diverse needs of our community.



Food equity and affordability

- Launched Food Security Program at UGH
- Meals That Matter pop-ups
- **1,077** hot soups served; **1,441** frozen soups distributed across campuses
- **2,700+** non-perishables & **500** lbs produce provided to students in need
- Established Humber’s Got Talent Fundraiser to support student food subsidy. In total, **4,125** food subsidy days provided
- Launched the Humber Value Meals program to provide more affordable on-campus meal options for students.



Nutrition and well-being

- Established an ongoing partnership with Humber’s Nutrition and Healthy Lifestyle Promotion program to deliver the annual student-led Wellness Challenge.
- Advanced Canada’s Food Guide recommendations through Mindful Eating and Healthy Eating on a Budget workshops and Healthy Plate resources.
- Introduced a Registered Dietitian role to provide individualized nutrition consultations, supporting **140** students



Sustainability

- Achieved the Food Forward Pledge target of **30%** plant-based menus two years ahead of schedule.
- Supported food rescue initiatives with Second Harvest and Too Good To Go
- Introduced a menu icon to highlight local and seasonal ingredients.



Food access, variety and innovation

- Established **3** new cooking spaces in residence
- Established a micro market
- Celebrated cultural events with authentic cuisines
- Enhanced access to international snacks through vending machines