

ALUMNI SPOTLIGHT

NAVIGATING EMPLOYMENT AFTER HUMBER



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ACCOMMODATIONS AT HUMBER/UGH

"I met with Accessibility Learning Services in 2017 when I first enrolled in my program. I used extra time for tests and used the Test Center's private room when writing tests. I also benefitted from using noise-cancelling headphones to reduce distractions when writing my tests."



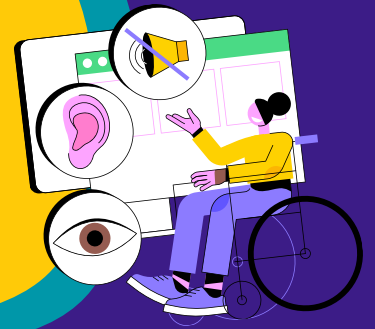
SUPPORTS AT WORK

"My employer is very caring and supportive of me as an employee with a disability. I asked if I could use headphones while I am working to help me concentrate better, to which they agreed. My co-workers and manager know to tap me on the shoulder when they want to get my attention, as I am usually very focused when working and don't hear them approaching because of my headphones."



DISCLOSING MY DISABILITY

"I didn't specifically tell my manager what my disability was. The more I got to know my employer and become more comfortable with them, the easier it was for me to communicate with them and let them know more about myself."



HOW CAN HUMBER/UGH HELP?

"Access your Accessibility Consultant and Academic Advisors; they are always there for you. They are good listeners and an excellent support system. If there is anything troubling your mind, always speak with people you trust. I have a lot of gratitude and thank everyone at ALS. I learned a lot about myself at Humber."

