

# Appreciation Wall

*“We often take for granted the things that  
most deserve our gratitude”*

*- Cynthia Ozick*



Kindness begets gratitude.  
Gratitude begets reciprocity.  
Reciprocity begets love in all of its forms.

Words: @briansolis

Picture: Steve Halama, @steve3p\_0, Unsplash.com

## Do you know that Gratitude:

- Shields you from negativity
- Makes you at least 25% happier
- Eliminates stress
- Heals
- Improves sleep
- Boosts self-esteem and performance
- Improves relationships

(Source: MindMovies)

The Campus Culture Working Group asked you to share some words of gratitude. This is what you submitted:

Kristan Lingard and Giovanna Melo (FHS&W)- Thank you for being such great leaders and so supportive. You keep all of us well informed through your clear and timely communication. I love how your leadership keeps our team "rowing" in the same direction, while supporting each other, feeling supported and having a great time working hard and doing meaningful work. You make our work life the best! I am so grateful for both of you.

I would like to thank Sandra Herber for "jumping in" and leading the way, for staff in Team A of the Lakeshore Library. Sandra, your enthusiasm and way of making everything fun is infectious and always brings a positive spin to all the staff involved. Thanks for just "being you" and making the Lakeshore Library Team A the very best!

I am grateful for my co-workers in the CICE Program. The dream team motivates me to grow, to work harder and to smile :)

I am grateful to be working at Humber College and especially to be part of the International Centre's awesome team.

Bharat Saini, an incredible human being who always provide support when I call him for human rights-related help. Thank you, Bharat!

I'm grateful for the Innovative Learning team. It is a team full of creative, talented, thoughtful, and supportive individuals. I learn from my colleagues every day and I'm always inspired by them to be a better educator and to support our instructors at Humber.

Professor Shara Stone, a social justice warrior who cares so deeply for what's right.

## Appreciation Wall Submissions

Nancy Simms, a true leader in Equity, Inclusion and Belonging. When I call Nancy for help, she always provides me with guidance. Thank you, Nancy!

I would like to express my gratitude to the entire Real Estate Education Team at Humber! You are fun, resilient and dedicated! Thank you for supporting our learners to success. A special call out to Miguel Lameiro - Associate Dean, Paula MacDougall - Operations Manager, Katarina Mebaoudj - Testing Services Manager and Andrew Leopold - Director of Communications, you are the best! I truly appreciate all your hard work, attention to detail and most importantly the way you support each other in order to get the work completed for the largest program in Humber's history!

I am grateful for all my colleagues in Early Childhood Education!

I am thankful and grateful for the calm and mental relaxation that I feel being surrounded by the natural beauty and energies that nature provides; the flowers, the trees, the shrubs, the squirrels, the birds, the grass, the gardens. Being in nature is meditative for me and allows me to feel centered, and I am grateful for that energy.

I am grateful for the team I work on. They have been so supportive while I have on-boarded during a pandemic!

I would like to show gratitude towards my current and past professors of the Paralegal Diploma Program. They are a huge part of the person I am and the one that I am becoming. They consistently work towards helping all of their students, along with myself, to become the best most intelligent versions of ourselves. So thank you, for coming to school or logging into blackboard collaborate, replying to our emails and repeating or rephrasing yourself to ensure that all students are on the same page. You are greatly appreciated.

## Appreciation Wall Submissions

Thanks, Heather Lowry, for being such a supportive team member. I've appreciated your insight, which stems from wide experience in the education sector and your commitment to students and faculty. It's a pleasure to work together.

Thank you to Sacha Aly for all your hard work and for making the EIDs run smoothly!

Nancy Simms, a fearless leader who is making a difference for current and future staff and students.

Mercedes from BEST Service PROS is a ray of sunshine whenever I see her on campus. She helps keep our department clean and welcoming for all and although I don't see her on campus as often since the start of COVID, I still very much appreciate all that she does! THANK YOU!

Aldous Mendoza, End-point Support Technician, ITS

Arwin Lall

I am thankful to God, who has allowed us to survive this pandemic. He has a purpose and plan for each of us, and even though these are difficult times, we are becoming better listeners, we are learning that every single day and each person we interact with, are a free gift that we must deeply appreciate through our words and deeds.

I would like to show my appreciation to the RO and International Staff that help with EAP registration every 7 weeks, you are all so amazing and appreciated beyond words. Simran, Isabelle. Shameeza, Diane, Jessica and Sandra in Financial we love you over here in EAP thanks for you dedication.

I want to thank Wanda Buote for her leadership in all things ETS. Wanda you work us all hard and we work hard in return because of the respect you show us on a daily basis. Perfect Work/life balance. Love working for you!

## Appreciation Wall Submissions

Alexandra Burdzy for being a great friend and always willing to help with any situation.

I am grateful to John Stilla for his compassionate, brilliant leadership.

I appreciate individual rights and freedoms including freedom of speech and expression and the right not to be interfered with by government.

I am grateful to my students for sharing their ideas and insights in class, and for being willing to connect even while we are learning remotely.

Grace Ragogna, Director of HCDC

I'm really grateful that every day I can wake up with food to eat and for every meal I can eat food that is pleasurable to me. What a gift!

I would like to show my appreciation for Rob Plant who is a great Program Coordinator!

My manager Stephen Allen, for being supportive to teachers during the pandemic.

I'm grateful to Sandra Secord for her guidance and continuous support of clinical teachers.

I am grateful for the positive working environment and awesome colleagues that I work with.

I appreciate all my colleagues that I work with in the Library. It is a team built on kindness, collaboration, and dedication to the Humber community. Thank you to all of you for being you.

Naveed Aqeel is a superhero on a daily basis. I'm convinced that the school would stop on a dime without his tireless dedication. Thanks, Naveed!

## Appreciation Wall Submissions

I would like to show gratitude for my colleague, Sean Connors. He moves swiftly and is constantly thinking about how we can create a culture of wellbeing at Humber. I really enjoy working with him. I would also like to extend some appreciation for Sterling Crowe. No matter how busy he is, he always makes time to care and support his team. He is an excellent leader.

I would like to take a moment to thank the wonderful team of individuals I work alongside in the Humber Community Employment Services area. Your kindness and dedication towards clients' amazes me each and every day.

I would like to express my sincere thanks to Ellen Sparling, my colleague and friend, who has worked tirelessly for the past year, in helping Humber prepare to host the Ontario Colleges Marketing Competition completely online this November 25 and 26th. We would not be hosting this event without Ellen's commitment and attention to a million details! Thank You Ellen!

I would like to take a moment to thank the OCMC Hosting Planning Committee - these folks have donated so much time, passion, energy, ideas, and commitment to help ensure Humber's first ever Virtual Hosting of the OCMC Competition is the Best Ever! Ellen Sparling, Shawn Richards, Nicole Chuchmach, Christina Clements, Steve Lorini, Pete Weinzettl, Sheila Moore, Chandra Hodgson. You are all Amazing!

Chi Miigwetch to the Indigenous Education and Engagement team. Grace, Qua, Regina, Kevin, Liana, Kaitlyn, Lynn, and Lorrallene who were a huge help and support to myself in transitioning from another province during the pandemic. Their passion and dedication is something I admire, and I look forward to great things to come in the future!

I am thankful for Patricia Suleiman. She is always so kind and responds to all my questions. Thank you, Patricia!

## Appreciation Wall Submissions

I would like to express gratitude towards my coworker, Jessica Tattersall for always being there to chat, laugh and talk through the good and difficult moments! Thanks for being a friend, and great colleague - so glad Humber brought us together :)

An amazing Guelph-Humber recruitment team who have taken every twist and turn over the last 18 months in stride and been creative, flexible and passionate about spreading the word on Guelph-Humber over everything else. When our cornerstone has been in-person engagement and relationship building the team focused on how to break down the barrier of virtual recruitment to engage students.

More than one year ago, the Baking and Culinary Faculty including the Receiving Department experienced an unprecedented change in the wake of the COVID-19 pandemic. The transition was abrupt, unclear, and uncharted. We as a team had to think and learn quickly in a short amount of time, to adjust to new teaching platforms and to deliver a safe learning environment for all students attending in person labs. Thank you to all for sticking by your students and greeting each one with a smile every time they are on campus. Thank you for creating an environment of safety and regularity in their days

Sharing gratitude for everyone on the IL Creative Team, and especially the team's leader, Darren Richards. You all make every workday enjoyable :)

I appreciate the Humber ITS department for all their hard work and dedication in making Humber a great place to be, with state-of-the-art technology and a fantastic team made up of smart, kind, and talented individuals!

I'd like to share my appreciation for one of my team members, Meaghan Strimas. She has always been there to offer support and encouragement and is always an enthusiastic member of her team. Thanks, Meaghan, for being awesome!



## Appreciation Wall Submissions

I would like Dean Dickinson to know the profound impact he has made on students, colleagues and OTA programs across Canada. Under his guidance and leadership, our students have gain invaluable knowledge and experience that they now bring to the bed side. He has a way with words and is able to build relationships with his compassionate heart and willingness to help his team. His contributions are lengthy and will never be forgotten.

Sonia Deleo is a force in the FHSW. She has contributed her time, passion, knowledge and skill into every aspect of her job. She goes above and beyond ensuring the work is done on time and at 100%. She is a team player, always looking to help her colleagues, to shine a light on their accomplishment, even if that means diming her own light. Sonia, you inspire me to do more, be better and to lead with integrity in everything I do! Thank you for our friendship.

I would like to express my appreciation and gratitude to the Humber Counselling Team- especially to: Liz Sokol, Andrew Poulos, Andrew Garnet, Shivon Raghunandan ,Rose Anthony, Bhupinder Bains, Deborah Mandell, Eunice Atokomach, and Kelly Prevett, for all the efforts, dedication, passion, kindness, resourcefulness, and commitment to support the students and one another, at all times You rock!

I am appreciative of my Program Coordinator, Cory, for his organization and fantastic support. I am enjoying online teaching more than I thought thanks to him!

I am grateful for my colleagues' willingness to help, regardless of how busy they may be. Their work ethic, integrity and dedication to Humber students and donors is humbling and inspiring.

Taking this moment to show appreciation to one of the new hires at the FMCA: Hannah Burge-Luviano. She has consistently made room for those can't speak up and is never afraid to say what's needed in a conversation. Thank you, Hannah, for all your hard work! It does not go unnoticed!

## Appreciation Wall Submissions

I am grateful for Charlotte Serpa, the PC for Child and Youth Care. Charlotte is kind and caring and goes the extra mile for every student. She fills the CYC program with positive energy!

I am grateful for PC Melanie Chaparian. Melanie cares for every student as if they are her own. She is tireless, responds immediately, and never seems to lose patience. We would be lost without you Melanie!

Very grateful to Laura Page and the entire Blackboard Help team for always calmly explaining things (sometimes more than once) in the online support room. It's been a real lifeline.

I would like to thank my Manager for her leadership, and patience. As we navigated through working on campus throughout these unprecedented & stressful times, she has been a very valued mentor. Thank you, Gillian Kenny, all the best to you!

I am grateful for thoughtful and positive impactful employees at Humber and Guelph-Humber campuses. I would especially like to shine light on Imelda Christian for her intention to inform the community about postsecondary education and services. She always goes above and beyond.

I would like to give a big shout out to Erika Wright at the University of Guelph-Humber. She always puts her best foot forward and makes meaningful connections with all people she comes into contact with. She is constantly ready to help staff, students and the community.

This is such a lovely practice. I am so grateful for inspiring colleagues, bright-eyed students, and being here and present in this very moment. Thank you.

I am grateful for inspiring individuals who push ourselves to be better!

I am grateful for Anne Frost. She works tirelessly for the arts management students. Thank you, Anne!

## Appreciation Wall Submissions

I want to express my gratitude to Kathryn (Kat) Mettler, Coordinator of the Mental Health and Addictions Program at the Faculty of Social and Community Services. As a new faculty member, I've relied on Kat for information and support to help me integrate and navigate the various processes. From day one she's been incredibly helpful - kind, approachable and supportive. Thank you, Kat!

I would like to show gratitude to Sylvie Pierobon in the Faculty of Health Sciences and Wellness. She is doing an outstanding job of helping us to return to campus by working on scheduling and booking rooms. These are challenging times, and she shines! We couldn't do it without her.

Thank you, Michael Glassbourg, for being a wonderful friend and mentor! You are truly one of the great ones!

I would like to thank Angelo Crupi for being the calmest person I know and bringing up the best in people. It is his patience and accommodative nature that has helped me be a better professor by being accommodative and supportive to my students. Thank you for all the help and support! Bless you!!

Special thanks to my SCM-5003 RNB and RNC class! Always keeping me on my toes by asking questions and constant interaction. Although online classes are challenging, you all continue to be charged and full of curiosity and wanting to learn. Appreciate each and every one of you and your hard work! Wishing you all success in all your endeavours!

Nancy, I wanted to let you know how much I appreciate you for being my manager and mentor. You helped shape my career and professional life and showed me how to transform my mistakes into skills. I really appreciate everything you have taught me!

Faris Khan- He is such a wonderful colleague, so honest and non judgmental. I am so blessed



“Be present in all things and  
thankful for all things.”  
-Maya Angelou

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Corrinna- She is an amazing co worker, an asset for my mental and emotional health. I am so blessed that I have her company and friendship to cherish my Humber day.

I want to take a moment to recognize the security team and the cleaning staff. All of these individuals work for a contract company, but they are the ones that have been here looking after Humber/Guelph-Humber every day over the past year and a half. They have done a fabulous job and they are rarely shown how much we appreciate them for their hard work and dedication to making Humber/Guelph-Humber a safe place for everyone to go to school/work.

Grateful the College is open, students are here to learn, and their Professors are here to prepare the next generation of nurses and health care workers to keep everyone safe. Grateful to have a long weekend and for the gifts we have with us each and every day including pumpkin spice lattes!

Grateful for the good folks in Public Safety who conduct the screening in a professional firm, fair, and friendly manner. They personally welcome each person who visits the College and ensures this is the safest College in Canada.

I appreciate my manager, Kimberly Zammit, who always makes us feel important, understood, and respected. She creates a positive working environment, whether it is virtually or on campus.

I am grateful for existence

I'm grateful for my colleague Catherine who has not only been incredibly supportive during a great period of change, but who always puts in 100% into everything they do.

My amazing English Department colleagues!

## Appreciation Wall Submissions

Jennifer Smith. Thank you for all the support and understanding you have shown my colleagues and I over the years, especially due in the pandemic. It's managers like you that makes work viable.

I'd like to thank my executive team at IGNITE, Ercole Perrone, Natalie Bergstrom, Sieu Moi Ly and Leah Carr, for always striving to provide an inclusive, safe, and welcoming environment for all staff and students. The efforts made by these individuals to make our space at Humber a better place day in and day out does not go unrecognized and is a great example for all to follow. Thank you for being such strong advocates in the EDI community.

I'm grateful for my colleague Stephanie who, in such a short time, has truly become the lynchpin of the team. Her work ethic, determination, and leadership makes her an inspiration.

I'm grateful to work alongside colleagues such as Kavelle Maharaj who are committed to fostering an inclusive and connected campus.

I'm grateful to work alongside colleagues such as Ayesha Amin who go above and beyond to support colleagues and students.

Amrita Tiwari, for being a thoughtful, caring and lovely colleague!

I'd like to thank Franc Jamieson, our Director at the Lakeshore campus writing center for his relentless support, encouragement, and appreciation. He is professional, approachable, kind and fair, and I am very grateful to be working with him. I also love his great sense of humour!

Debbie Van Mierlo, for always putting a smile on my face!

I am grateful to these rare individuals who listen without judgement, speak without prejudice, help me without entitlement and support me without conditions: Joanne Osmond, Marta Baddour, and Mary DiVito

## Appreciation Wall Submissions

My co-worker Yanni Thepanya the MVP of our team. He is proactive, hardworking and takes so much initiative. Yanni has an incredible work ethic which is exemplary and is fantastic at the job that he does. Most of all, he is my biggest support and an all-round stellar person. I want to take the opportunity to thank him!

Paul Griffin- Thank you for having granted me this opportunity to continue molding minds in my adopted home.

I would like to take a moment to show gratitude for my team - Vera Butrimova, Jacqueline Findleton and Russell Tia. We've been working together as a new team for the past 6 months and we've been working on projects that are very new to us, with requirements that continuously change as needs change. Our team collaboration, resiliency, dedication, positive outlook and organization has made our first 6 months as a team very smooth and enjoyable! Thanks Team!!

Sheetal Kapoor thanks so much for making my transition easier and all the support provided over the last 19 months!!

Chi Miigwech to Jason H, Barb, Ian, Cynthia, Corrine and Geraldine for welcoming me and providing a space where I feel like I belong!! Nia:wen, Kinanaskotomin!

Special shout out to Donna Sparkes for her patience and humour and all-round goodness. She has helped me more times than she knows.

I would like to thank the entire English Language Centre for all their support and patience with me!

Rosie Lima works so hard to make our lives better in the ELC!

## Appreciation Wall Submissions

Sarah Owocki, a gifted student. Sarah, I am very grateful for your insightful writing and your strong commitment to accessibility and inclusion. Your contributions elevate everyone's learning experience in the classroom. Thank you for being so dedicated to your own learning and the learning of others.

Melissa Van Twest for her thoughtful leadership

I would like to appreciate the role that Dr. Mojgan Rezvani, Michael Lavalley, Shyam Mohamed their great support during the 2020-2021 academic year. In addition, I would like to thank the REGA students for their dedication during the difficult times of 2020 and early 2021

I appreciate Sylvie Pusztaszeri for her constant support and positive energy. Always a friend and colleague!

I so appreciate all our faculty within Advertising and Graphic Design—an awesome community of talent and skill who work tirelessly to ensure an excellent learning experience for our students!

I would like to express gratitude to the Academic Advisors and Registrarial Services Associates at Guelph-Humber. We are so lucky to have such a dedicated group of people who strive to do their very best each and every day. Their commitment to supporting our students is something I am very proud of. They have shown such resiliency and remained motivated throughout some very difficult times during the pandemic and have continued to look out for one another. Being a part of this team is the easiest part of my job. Thank you for all the hard work. I really appreciate it

Thank you, Vanessa Vilic-Evangelista! You are so compassionate, supportive, and amazing. You light up every room you enter!

Thank you to the Faculty of Business team, staff, faculty and administrators for supporting our students.



## Appreciation Wall Submissions

Anthony Nyman, FAST/Barrett Centre for Technology Innovation Technologist: Anthony has been with Humber for almost 30 years and has an amazing work ethic. Our Innovation Centre would not be where it is today without his technical knowledge, experience at Humber with knowing how to "get things done", and his willingness to always lend a hand in every area of our operations. He is also humble and kind making him easy to work with.

Gillian Kenny (Program Manager- Esthetician/Spa Management, Faculty of Business)-Thank you for your support, guidance, advice and reassuringly calming attitude; all have been greatly appreciated

All the support staff, instructors and administrative staff at the Lakeshore ELC. They are devoted, kind and helpful in these very difficult times.

I would like to take a moment to thank Chantel Getson for providing outstanding technical support! She understood exactly what I needed and was able to help me resolve the issue quickly and easily.

I would like to express my sincere gratitude and appreciation to Jonathan Kim, Angelo Crupi and Larry Mitchell – all from Faculty of Applied Sciences and Technology. They welcomed me to Humber family back in 2019, and although I was only a PT faculty at the time, they included me in all the relevant school events, provided opportunities for course development, shared best teaching practices, advised on student matters and more! They were there for me every time I had a 'Blackboard emergency' or just needed a shoulder to lean on. This often translated into late night calls or weekend Zoom meetings - never a word of complain from them, only encouragement! Jonathan, Angelo and Larry's unwavering commitment to fostering a positive and nurturing environment for all makes me proud to be a Humber employee and motivates me, and hopefully others, to deliver the best possible education and career support to our students. Thank you, Jonathan, Angelo and Larry, for the wonderful feeling of belonging you created! Yourock!

## Appreciation Wall Submissions

Diana Balingit is an exceptional co-worker and Advisor in the Faculty of Social and Community Services! She is always committed to supporting others, including students or co-workers, and always finds a way to make a challenging day a little bit easier or more fun. So thankful for such a rock star co-worker!!

Stephanie Montemarano, thank you for always giving 100%. Your dedication to the students knows no bounds. Every day you should me what it means to put others first.

Cheryl Pinto, thank you for your warm, helpful, and open attitude. You make learning about HR/HRMS enjoyable and IGNITE is grateful for your support and I for our lovely human connection!

Nicole Mitskopoulos, thank you for championing student wellness and making a difference in the lives of students, one meal, one FRP, and one menstrual product at a time. You are IGNITE's imprints in the lives of students at Humber and Guelph-Humber.

Mellissa Khuai, thank you for your creativity and leadership in helping to discover and shape career success for students at both Humber and Guelph-Humber. IGNITE's Learning Essential Support program, Skills Bundles, and participation in Career Months is a reality because of your dedication and commitment to connecting student to industry game-changer and making students career ready citizens.

Kristine Galvan, thank you for being a community builder. You and your team champion student engagement on behalf of IGNITE and amplify the voices of Humber and Guelph-Humber students. The work you do today, will shape the present and help build the future.

I wish to take a moment to thank Bharat Saini, Manager Human Rights, Equity & Inclusion for his deep commitment to EDI.

Thank you, Sacha Ally for stepping into the gap while we hire a Manager for Education & Training. We see you!

## Appreciation Wall Submissions

Neda Ahmadi Jeshvaghane, thank you for your compassion and care. Humber and Guelph-Humber students are lucky to have you support them with their Insurance questions, their interactions with IGNITE, and most importantly just to have someone to share and support them during their academic journey.

Sheryl Aspilla Lomague Aspilla, you are a welcoming face and voice when students visit IGNITE. Thank you for your openness and helpfulness each and everyday!

Thank you, Errol Cyrus, for reminding us to be thankful that we have a job and not just any job but one that makes a difference to people's lives.

Thanks to the most awesome EDI Taskforce - No one who achieves success does so without acknowledging the help of others. Humber is a better College because of you all.

Thankful for employment during this pandemic

Nela Jerabkova, thank you for being helpful and engaging in your interactions with Humber and Guelph-Humber students.

To my amazing team at the Centre for Human Rights, Equity & Inclusion. Thank you for all you do, for tireless evenings, for thinking twice and thrice before making a decision, and for leaving your footprints in the sand for many to follow - Ase!

Meshanda Phillips, your guidance, and expertise in ADR makes you an important advocate for students and under your leadership, the DRC will continue to support and educate student, staff, and faculties on how to address conflict and build a community that is tolerant, open, and supportive.

Kayley Butcher, you are a joy to work with because of your energy and go-getter attitude!

## Appreciation Wall Submissions

Jordyn Read, thank you for hard work and dedication. You are an integral part of IGNITE's commitment to career success for Humber and Guelph-Humber students.

Janice Majoros, thank you for being an awesome Customer Service Rep at IGNITE!

Camila Ruiz Tacha, thank you for being an advocate for international, mature, graduate, and residence students. You magnify their voices and provide meaningful support that enriches their student experiences.

Humber folks- you are all awesome!

Feeling Grateful for Lynn VanLieshout and our team. Lynn is a Manager that leads and supports her team in a way that allows for creativity and innovation. Thanks Lynn and the entire team!!!

I appreciate the Humber Libraries' faculty and staff for opening the library spaces across all campuses (North, UGH, Lakeshore and IGS). The staff have been so welcoming to students, college staff and faculty and have been so supportive of each other.

Thank you, Parveen for helping me making my work easy! You are simply awesome! All the best always, Jean!

I am thankful for waking up to another day with new opportunities and experiences

I would like to express my gratitude to the whole Receiving team. Day in and day out they help the Chefs run their classes efficiently and effectively by organizing the labs, providing us with ingredients and making sure we have what we need to give students the best learning experience possible! Thanks for everything team Receiving!!!

## Appreciation Wall Submissions

I want to share my appreciation for Chef Daniel Gonzolaez. Daniel has been monumental in guiding me on how to be a role model and a teacher who goes above and beyond for my students, showing me new baking techniques, supporting me as a colleague and just an all around great person. Thanks Daniel!

Great appreciation is due to all my colleagues in the baking department. Especially Vita, Josie, Daniel, Lauren, Steve and Ken for their constant support, reliability and positive, outgoing attitudes. It makes coming to work a true pleasure! Thanks to everyone in the Humber Bake team!

I would like to send a message of appreciation to Stephen Duggan!  
He has always been supportive and encouraging, and when I doubted myself, he always gave me a reason not to.

Thank you Steve - for being a great mentor, colleague and friend. :)

I am grateful for my team, the Financial Reporting and Treasury team, for the excellent teamwork, openness and support they display each and every day.

Maria Camu, thank you for showing me the ropes when I first started at Humber! I truly appreciate it.

Rebecca Fitzgerald and Lindsay Walker - two utmost inspiring, visionary women. Working with you is a sheer pleasure! So grateful to be able to hang out in a small corner of your world!

Simran Sivia in the Registrar's Office! - She goes above and beyond to be a positive point of contact for students applying to Humber's PR Grad Certificate program. Always kind, supportive and eager to help. I so enjoy working with her.

I am thankful for Kathryn. You are a wonderful colleague at the Centre, and I am thankful we work together!

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I would like to express my heartfelt gratitude for the amazing work of everyone in the Registrar's Office and a very special shout-out to both Kwame Boamah and Justin Kreslin. Both Justin and Kwame always go above and beyond to help me with anything that may come up. They are approachable, knowledgeable and they care deeply about our learners and the programs at Humber. They always take the time to work with me to sort out whatever issue I'm trying to solve for a student even though my programs are not formally assigned to them. I also enjoy how personable they are... we always find a minute for a laugh! They are a joy to work with and are gifted at what they do! Thanks for everything you do!

I am grateful to all of the women who have gone before me, who fought to make my path to where I am today, just a little bit more possible.

The entire PR Grad Certificate faculty and admin team. So grateful for all they do for the students on their PR journey. The kindness of the team makes the work easier. Not to mention the laughs shared. Good group.

I would like to show gratitude to Reema Patel, who has been an amazing manager. They really valued and supported their team. A true leader.

Lola Nelson / International Service Officer for all she does to help international students navigate the application process for Humber's PR Grad Certificate program -- always so positive and helpful to those reaching PRC from abroad. Grateful for her assistance.

Natalie St. Pierre for all her energy, ideas and support for FMCA, and more her assistance on just about everything PR post grad cert related!

Thank you to the Campus Culture Working group for all your dedication and hard work!

Life can be as glorious as we choose it to be.  
Gratitude changes everything.  
-Bronnie Ware



