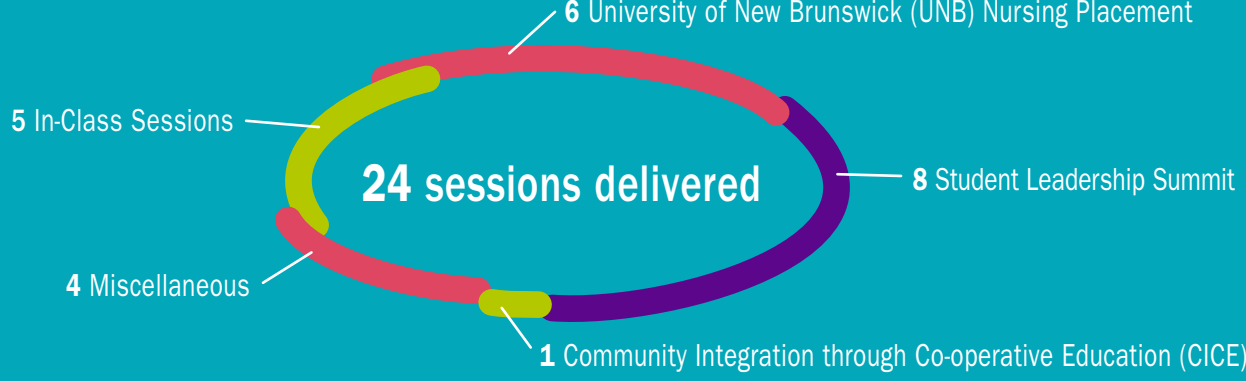


Through discussion of issues and role-playing of common violence scenarios, participants come to understand how they play a part in proactively preventing sexual and relationship violence, how they can help survivors get the help and support they need, and how they contribute to the creation of a campus climate that reflects a commitment to safety for all.



*Sessions are also available for faculty and staff by request

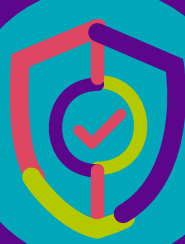
Based on our training survey...

*Not all participants chose to complete the training survey

39.60% of participants had a lot or extensive knowledge of sexual violence and bystander intervention before participating in the training.



After participating in the training, **93.20%** of participants identified as having a lot or extensive knowledge of sexual violence and bystander intervention.



94.87% of participants developed skills for direct and indirect intervention while keeping their safety in mind.

94.48% of participants gained knowledge and awareness on the scope and causes of sexual violence.



95.27% of participants recognized their sense of responsibility for creating change in their community related to sexual violence.

93.69% of participants recognized the impacts that sexual violence has on our community and survivors.



93.69% of participants have an understanding of how to respond to sexual and relationship violence safely and appropriately.

92.51% of participants gained an understanding of how power, privilege, and marginality can influence one's ability to be a pro-social bystander.



Distracting one or more of the people involved in an incident.



Directly addressing the inappropriate behaviour.

Delegating to someone with more authority, such as Public Safety or a Resident Assistant.

Delaying until a safer time to debrief with the person experiencing sexual violence.



An increased understanding of rape culture.

One participant noted that "rape culture is a serious thing and has to be handled properly."

Another participant noted that "rape culture can also act as a barrier to male survivors reporting their assault."

An increased understanding of consent.

An increased understanding of sexual violence.



Some of the most important learnings that participants identified from participating in the session include:

A deeper sense of empathy and an increased recognition of how sexual violence impacts people.

Ways they can support a survivor who discloses to them.

One participant identified "how to show empathy when someone is confiding in you."

Another participant identified how important it is "to be open-minded and listen to what they want as an outcome or next steps."

Their responsibility to intervene and how to do so safely.

One participant shared that they learned "how to recognize situations that could lead to sexual assault and/or violence and how to intervene or do something to positively impact the situation indirectly."



91.74% of participants were satisfied with the training session provided.

87.71% of participants would recommend the training to others.

"I learned how much of an impact you may have on a situation if you intervene."

"I wish I had attended a session and was educated before so that I could have known what to do when I was assaulted in my first year."

"Great workshop. Must be extensively provided to students in other programs."

"Extremely educational and eye opening, appreciated the rawness. Important topic that must be more openly spoken about!"

"I loved how interactive this session was and how well the audience responded."

"It would be great to have such sessions available for all Humber students to better educate them about this sensitive topic."

"I learned a lot about how I can help someone out."

Participants also identified a number of topics related to sexual violence that they would like to learn more about; the Consent Peer Education Program will be developing increased opportunities to address these requests and areas of interest.

To learn more or request a Bringing in the Bystander session, email bystanderprogram@humber.ca

