# **Are You Trying to Balance School and a Job?**

We'd love to connect with you!

### **Details**

- Participation takes approximately 20 minutes
- Get a gift card for completing the survey

Help inform recommendations to support students like you

The Centre for Innovation in Health and Wellness (CIHW) is inviting Humber students to take a quick survey about work insecurity and its impact on their health and well-being.

Whether you work part-time, or contract, or in gig roles, **your voice matters**.



## Join us at one of our recruitment events to participate!

#### North Campus -1st Floor LRC

Friday, November 21, 2025 1:00 pm - 4:00 pm

Monday, November 24, 2025 → 2:00 pm - 5:00 pm

Friday, November 28, 2025 1:30 pm - 4:30 pm

# Lakeshore Campus - 1<sup>st</sup> Floor L Building

Thursday, November 20, 2025 1:00 pm - 4:00 pm

Thursday, November 27, 2025 1:00 pm - 4:00 pm

## Downtown Campus - 4th Floor L Commons

Wednesday, November 26, 2025 11:00 am - 2:00 pm

For any questions, email: CIHWResearch@humber.ca