



# MONTHLY Splash



## MOST ATTENDED EVENTS THIS MONTH

### LAST CALL FOR FALL

Student Learning Services, supported by countless service providers across campus, held a successful event providing academic support, and fun stress-relief activities, including games and prizes, for over 700 students as they prepare for the end of the fall semester. As winter approaches, students face a mental and emotional hurdle due to upcoming exams and earlier dark hours. This event helped students discover new resources that can aid them in their academic and personal health while offering a space for leisure, social activity, and relaxation.

Source: Student Learning Support Registration Form Database

### DIWALI

FYE, in collaboration with SWAC, organized a vibrant and culturally rich event that 824 Humber students at both the North and Lakeshore campuses could enjoy. Students of all backgrounds could watch, listen, taste, and participate in Hindu traditions, which included a tasty meal, Mehndi, music and dance performances, and more. It is wonderful to see our diverse traditions being honoured and shared within the campus community.

Source: Data exported from Campus Labs, North - Nov 17, 2023 (F2023 - W2024 Event Log North), Lakeshore - Nov 9, 2023 (F2023-W2024 Event Log Lakeshore)



## OTHER NOTABLE EVENTS

### SWAC FLU CLINIC

Hats off to SWAC Health Services for organizing an exceptional Flu Clinic! With their dedicated efforts, in support of Healthy YOU and #MyHealthyHumber, we had an impressive turnout of 323 students across all campuses who took charge of their health and prioritized their well-being for the exam season ahead.

Source: Flu Clinic immunization consent form



## RESUME & COVER LETTER WRITING SKILLS

Thanks to the Advising & Career Services alongside the Career Support Peers, this event saw 18 students dive into the art of strategically showcasing their strengths on the page. They gained invaluable insights on how to effectively present themselves, setting the stage for their future career endeavours.

Source: Data exported from Microsoft Forms, Fall 2023 - Winter Career Steps Workshop Attendance (1-101).xlsx

# TOP VIDEOS

MOST VIEWS, AND CREATING THE BIGGEST BUZZ ON CAMPUS!

#STUDENTSPOTLIGHT

#MYHEALTHYHUMBER

# #ROLLHAWKS



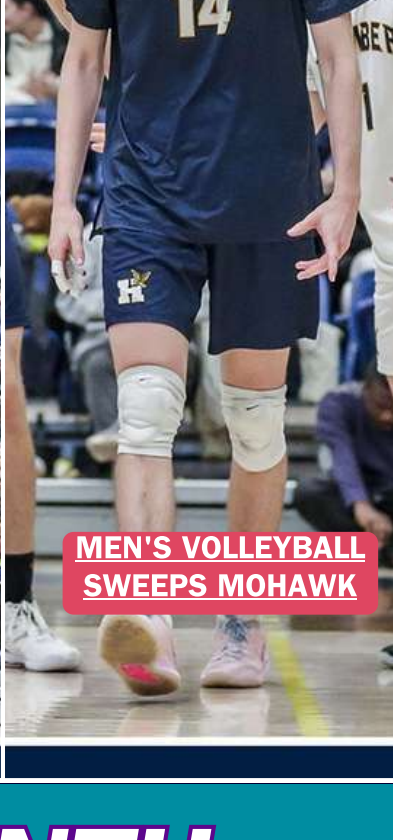
NO. 3 WOMEN'S VOLLEYBALL EXTENDS STREAK TO FIVE WITH WIN OVER MOHAWK



MEN'S RUGBY CAPTURES 2023 OCAA SILVER MEDAL



MEN'S BASKETBALL DOWNS SHERIDAN IN THE 110TH EDITION OF 'THE GAME'



MEN'S VOLLEYBALL SWEEPS MOHAWK

## #QUOTE OF THE MONTH

Starting strong is good. Finishing strong is epic.

-Robin Sharma

## DECEMBER EVENTS

\*EVENT LINKS HYPERLINKED WHERE AVAILABLE



### NORTH

1 Q-SOCIAL: WORLD AIDS DAY MOVIE SCREENING  
1:00 pm - 3:00 pm  
E140

2 HUMBER ANNUAL CYCLE EVENT FOR UNITED WAY  
3:00 pm - 6:00 pm  
LRC near Starbucks

4 EQUITY WORKSHOP: SUSTAINABILITY 101  
1:00 pm - 3:00 pm  
E140A

6 CALM AND CONFIDENT TEST-PREP AND TEST-TAKING  
1:00 pm - 2:00 pm  
LRC 3031

11 BELONGING INCLUSION DIVERSITY EQUITY  
EQUITY WORKSHOP: IMPLEMENTING EQUITY DIVERSITY & INCLUSION STRATEGIES  
1:00 pm - 3:00 pm  
E140A

### LAKESHORE

1 Q-SOCIAL: WORLD AIDS DAY MOVIE SCREENING  
1:00 pm - 3:00 pm  
WEL211

4 CALM AND CONFIDENT TEST-PREP AND TEST-TAKING  
1:00 pm - 2:00 pm  
WEL207

5 EQUITY WORKSHOP: SUSTAINABILITY 101  
1:30 pm - 3:00 pm  
WEL207

7 CONQUERING BRAIN FREEZE: IMPROVING YOUR MEMORY AND CONCENTRATION  
3:00 pm - 4:00 pm  
WEL207

12 BELONGING INCLUSION DIVERSITY EQUITY  
EQUITY WORKSHOP - IMPLEMENTING EDI STRATEGIES  
1:30 pm - 3:00 pm  
WEL207

### ONLINE

1 National point of view Grant providing of money by a government  
NSERC APPLIED RESEARCH & DEVELOPMENT (ARD) GRANTS - INFO SESSION  
12:00 pm - 1:00 pm

5 I'M TOO BUSY! HOW TO MANAGE YOUR TIME  
11:00 am - 12:00 pm

8 PRESENT LIKE A BOSS: PRESENTATION SKILLS WORKSHOP  
9:45 am - 10:45 am

11 OH SNAP, I'M BROKE! MANAGING YOUR MONEY  
2:00 pm - 3:00 pm

12 TIPS FOR MULTIPLE CHOICE TESTS  
11:00 am - 12:00 pm

13 CONQUERING BRAIN FREEZE: IMPROVING YOUR MEMORY AND CONCENTRATION  
1:00 pm - 2:00 pm

14 SHOULD I WRITE THIS DOWN? NOTE TAKING SKILLS  
3:30 pm - 4:30 pm

# HAPPY holidays

Wishing you all a joyful holiday season filled with love, laughter, and cherished moments. May this break bring relaxation and rejuvenation as we prepare for a fantastic year ahead. Happy New Year to our wonderful Humber and Guelph-Humber community!

COLLEGE CLOSED: DEC 22 - JAN 2

INTERESTED IN SHARING YOUR HIGHLIGHTS & EVENTS IN OUR NEWSLETTER? Email us at [tannaz.barati@humber.ca](mailto:tannaz.barati@humber.ca)