

# ONE ON ONE COACHING

## WITH FACULTY: INFORMATION SESSION

Coaching is a transformative, reflective process that can foster deep growth within us. One-on-one coaching for faculty at Humber is here! Delivered by faculty coaches, this service is a new opportunity to help you get to where you want to go. Whether you wish to enhance yourself inside of the classroom or out, coaching will help you become your personal best self. If you are faculty interested in receiving coaching in a one-on-one setting, this workshop will help you understand what the coaching process can look like for you! Should this be the right fit for you, after this workshop you will be able to get started with your own personal coach!

**Note:** A link will be provided to registrants 24 hours before the the online sessions.

If you are interested in one-on-one coaching and are unable to attend this session contact [michelle.mccarthy@humber.ca](mailto:michelle.mccarthy@humber.ca) for more information.

**ONLINE:**  
**INDIVIDUAL COMPUTERS**  
**FRI., JAN. 12, 2018, 12:00 TO 12:45 P.M.**  
**THURS., FEB. 1, 2018, 8:00 TO 8:45 P.M.**

**NORTH: D236**  
**THURS., FEB. 1, 2018, 11:30 A.M. TO 12:15 P.M.**  
**FRI., FEB. 2, 2018, 11:40 A.M. TO 12:30 P.M.**

**LAKE: F103**  
**FRI., JAN. 12, 2018, 1:00 TO 1:45 P.M.**



**WE ARE  
HUMBER**

REGISTER ONLINE AT:

[WWW.HUMBER.CA/CENTREFORTEACHINGANDLEARNING](http://WWW.HUMBER.CA/CENTREFORTEACHINGANDLEARNING)