

Monday, May 6, 2024

Safety and Health Week - Day 1: Health and Safety-Related Training

Welcome to Safety and Health Week! All week long, Occupational Health and Safety Services will be posting health and safety information in the Communique. Be sure to keep an eye on these posts, as there will be a chance to win some prizes at the end of the week.

Being aware of the hazards that are present in your workplace is an important start to staying safe and healthy on the job – and that begins with appropriate employee training. In addition to meeting regulatory requirements, such training will provide you with improved knowledge and awareness of hazards you may encounter in your workplace, and will provide you with measures to protect yourself and reduce work-related incidents and injuries.

At Humber, all employees are required to complete the Employee Health and Safety Awareness Course. This online Blackboard course takes approximately 45 minutes to complete, provides employees with a basic understanding of workplace health and safety at Humber, and outlines rights and responsibilities as a Humber employee. If you are a supervisor or manager, you are also required to complete the Supervisor's Health and Safety Training course, which is an in-person, full-day course. For more information on these training courses, please visit the [Training Programs](#) page on the Humber Health and Safety website.

In addition to this awareness-level training that all employees must complete, you may also be required to complete additional job-specific health and safety training depending on your job and the hazards that you are exposed to. If it is needed, your supervisor will ensure you have received the appropriate training. Some examples of job-specific training include:

- Workplace Hazardous Materials Information System (WHMIS).
- Ladder Safety Training.
- Manual Materials Handling Training.
- Office Ergonomics Training (a new [Office Ergonomics Training Module](#) is now available for all employees).

Being properly trained on how to work safely in your workplace is a key way to improve health and safety on the job. If you have any questions about training or are required to complete job-specific safety training, please email healthandsafety@humber.ca.

Photo Contest Tip: We are always thrilled to see our employees completing training, whether in-person or virtually. If you will be taking any training this week – submit a photo of you completing the training!