

# MONTHLY Splash



## HIGHEST ENGAGEMENT

### TAKE BACK THE NIGHT ATTENDANCE: 355

Take Back the Night recognizes that people of all genders can experience sexual assault and other forms of sexual violence, and we march in support for all survivors.

This collaborative initiative developed with representation from:

- Consent Peer Education Program
- IGNITE
- Guelph-Humber Student Life
- Centre for Human Rights, Equity & Inclusion
- Health & Counselling
- Indigenous Education & Engagement
- BSSE
- LGBTQ+ Resource Centre
- Residence Life

Source: Eventbrite



## NOTABLE EVENTS

### ORIENTATION FALL SERVICES FAIR: WELLNESS THEME

SWAC BOOTH ATTENDANCE (ALL CAMPUSES): 300

Thanks to Orientation and the Spirituality & Wellness Centre, students had the opportunity to attend a fair with a focus on **well-being and social connection**, that also promoted services and resources available to them throughout their time at Humber. Students also had the chance to engage in **wellness activities** and leave with some awesome **swag items**.



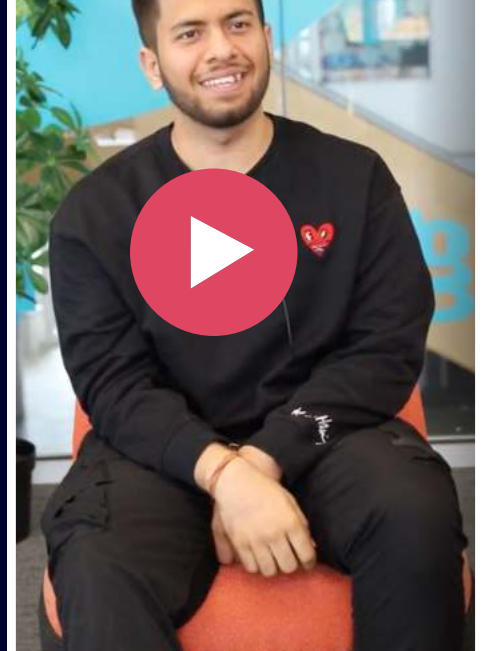
### EMBRACE & EMPOWER: THRIVING AS A MATURE STUDENT

Hosted by the **Office of the Dean of Students** in partnership with the **Spirituality and Wellness Centre** and the **Humber Mature Student Success Club**, our wonderful services staff and our upper-year mature student leaders led an empowering panel discussion highlighting all the available resources available for support. The event wrapped with an inspiring wellness session focused on nurturing their well-being.

# TOP VIDEOS

MOST VIEWS, AND CREATING THE BIGGEST BUZZ ON CAMPUS!

### #STUDENTSPOTLIGHT



### #MYHEALTHYHUMBER



## #SPORTSUPDATE



**MEN'S SOCCER FALLS IN OCAA FINAL TO CONESTOGA**



**WOMEN'S SOCCER CAPTURES OCAA SILVER MEDAL**

\*Click title for full article

## #QUOTEOFTHEMONTH

“ It does not matter how slowly you go, so long as you do not stop. ”

-Confucius

## NOVEMBER EVENTS

\*EVENT TITLES HYPERLINKED WHEREVER AVAILABLE



### NORTH



13-17

**VOLUNTEER RECRUITMENT WEEK**



15-17

**INDIGENOUS KNOWLEDGES GATHERING**

Various times/locations at the link.



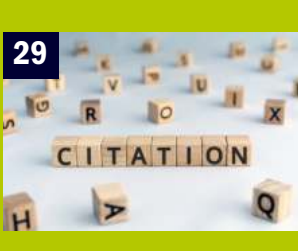
18

**HUMBER OPEN HOUSE (INTERNATIONAL STUDENTS)**  
10:00 am - 2:00 pm



21-23

**LAST CALL FOR FALL (Academic support and stress relief activities)**



29

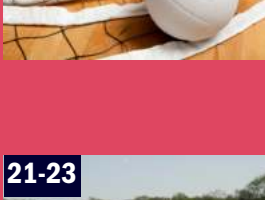
**APA ESSENTIALS WORKSHOP**  
2:00 pm - 3:30 pm  
LRC 3083

### LAKESHORE



18

**HUMBER OPEN HOUSE (INTERNATIONAL STUDENTS)**  
10:00 am - 2:00 pm



21

**LEARN TO PLAY: VOLLEYBALL & SITTING VOLLEYBALL**  
11:00 am - 2:00 pm  
Main Gym - A Building



21-23

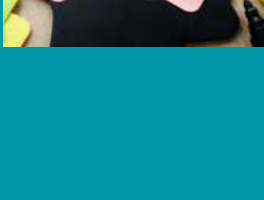
**LAST CALL FOR FALL Academic support and stress relief activities**

### ONLINE



21

**MEET YOUR EQUITY AND STUDENT LIFE TEAM**  
11:00 am - 12:30 pm



21

**GROWTH MINDSET**  
11:00 am - 12:00 pm

INTERESTED IN SHARING YOUR HIGHLIGHTS & EVENTS IN OUR NEWSLETTER?

Email us at [tannaz.barati@humber.ca](mailto:tannaz.barati@humber.ca)