



Respectful Communication with Sharon Naipaul

Sharon (she/her) is a Mediator, Trainer and Consultant at Strategic Workplace: Equity and Conflict Resolution Solutions. She provides mediation, workplace restoration, workplace assessments, training and other supports to a wide range of workplaces. Sharon has 15 years of experience in labour, employment, and human rights as both a practicing lawyer and a mediator. She has mediated hundreds of disputes, including many multi-party and extremely complex, high-profile cases.

Select a Session to Register:

[November 21, 2023 9:30 am to 12:00 pm](#)

[November 23, 2023 1:00 pm to 3:30 pm](#)

[November 29, 2023 9:30 am to 12:00pm](#)

Space is limited

Have you ever wondered what makes communication respectful? Or maybe you've experienced conflict in the workplace and you've wondered how you and/or maybe others involved in the conflict might have handled things differently? If so, this training session is for you. In this session on Respectful Communication, we'll be looking at how to engage in communications that respects the dignity of all involved, and we'll also be learning a model that puts these principles into practice. You'll have a chance to practice your new skills in the safety of the session and learn a bit about your role in maintaining and promoting respectful communication in the workplace. We'll also be looking at what it means to be trauma-informed in our communications and interactions with others. These are all tools that can be used with both your colleagues and the student populations you work with. This promises to be a practical, informative, and exciting session so we hope you can join us!