



**Happy International Women's Day!**

# Women who Inspire the Humber Community

<b>Abigail Mascioli</b>	<b>Amy Jacobs</b>	<b>Arienne</b>	<b>bell hooks</b>
<b>Adele Goldberg</b>	<b>Amy Poehler</b>	<b>Arun Dhanota</b>	<b>Benazir Bhutto</b>
<b>Adriana</b>	<b>Anabella Perrone</b>	<b>Ashleigh Elson</b>	<b>Beth Chansavang</b>
<b>Adrienne Crookshank</b>	<b>Andrea Campea</b>	<b>Ashley Tinoco</b>	<b>Bevolyn Lindsay</b>
<b>Affaf Zahid</b>	<b>Angela Davis</b>	<b>Ashley Warboys</b>	<b>Bhavya Dhawan</b>
<b>Aileen Herman</b>	<b>Angela Gaetano</b>	<b>Ashvini Sriharan</b>	<b>Bhupinder Grewal</b>
<b>Alana Sowinski</b>	<b>Angela Merkel</b>	<b>Assunta Tesa</b>	<b>Bianca DiPietro</b>
<b>Alex Hoa</b>	<b>Angella</b>	<b>Aster Awoke</b>	<b>Bianca Scotland</b>
<b>Alexandria Ocasio-Cortez</b>	<b>Angella Nunes</b>	<b>Audrene Kerr-Brown</b>	<b>Bonnie Henry</b>
<b>Alicia Bevan</b>	<b>Anisa Janmohamed</b>	<b>Avneet, Jennifer</b>	<b>Brenda MacDougall</b>
<b>Alicia Sam</b>	<b>Anita Persaud</b>	<b>Ayana Elizabeth Johnson</b>	<b>Caitlin Feere</b>
<b>Alina Burton</b>	<b>Anju Kakkar</b>	<b>Ayesha Amin</b>	<b>Caitlin Johannesson</b>
<b>Alison Liddell</b>	<b>Ann Tsirgielis</b>	<b>Aysha K.</b>	<b>Caitlin Mckeich</b>
<b>Allison Reeves</b>	<b>Anna Borg</b>	<b>Bailey Parkes</b>	<b>Camila Perez Pena</b>
<b>Alvina Cassiani</b>	<b>Anna Patola</b>	<b>Barb Holmes</b>	<b>Camila Ruiz Tacha</b>
<b>Alyson Green</b>	<b>Anna Santilli</b>	<b>Barb Martin</b>	<b>Candice Warner-Barrow</b>
<b>Amanda Baskwill</b>	<b>Anna Zicchino</b>	<b>Barb Riach</b>	<b>Carmel Barnes</b>
<b>Amanda Gorman</b>	<b>Annamie Paul</b>	<b>Barbara Martin</b>	<b>Carmen</b>
<b>Amanda Kloots</b>	<b>Anne Frank</b>	<b>Barbara Pytka</b>	<b>Catherine Conacher</b>
<b>Amelia Earhart</b>	<b>Annette Bailey</b>	<b>Barbara Turnbull</b>	<b>Catherine St. Clair</b>
<b>Amy</b>	<b>Annie Easley</b>	<b>Bari Weiss</b>	<b>Cathy Bidini</b>
<b>Amy Azzopardi</b>	<b>Antonella Gomez</b>	<b>Barkha Dutt</b>	<b>Cathy Mitro</b>
<b>Amy Coney Barrett</b>	<b>April-Dawn Blackwell</b>	<b>Belinda Cunha</b>	<b>Cathy Ruetas</b>

# Women who Inspire the Humber Community

<b>Cecily Clarke</b>	<b>Claudette Akerman</b>	<b>Dianne Davies</b>	<b>Erica Howe</b>
<b>Celina Caesar-Chavannes</b>	<b>Crystal</b>	<b>Dijana Kladjakovic</b>	<b>Erin</b>
<b>Chantal Joy</b>	<b>Crystal Bhikha</b>	<b>Dimple Rai</b>	<b>Erin Harvey</b>
<b>Charlene Loucks</b>	<b>Cynthia Lessard</b>	<b>Diyaa Kaur</b>	<b>Erin Mandel-Shorser</b>
<b>Charlotte Serpa</b>	<b>Cynthia Young</b>	<b>Dobrija Pantelic Ivkovic</b>	<b>Erin Neumann</b>
<b>Chenny Xia</b>	<b>Daisy Elitha Peterson Sweeney</b>	<b>Dolly Ramchatesingh</b>	<b>Erin Spicer</b>
<b>Cheryl Le Blanc</b>	<b>Daisy Wright</b>	<b>Donna Sparkes</b>	<b>Ethel Rosenberg</b>
<b>Cheryl Mitchell</b>	<b>Daleta Elizabeth Brown</b>	<b>Dori Tunstall</b>	<b>Eufemia Fantetti</b>
<b>Cheryl Pinto</b>	<b>Dana Gibson</b>	<b>Dorothy Lena Golden</b>	<b>Evelyn Reed</b>
<b>Christie Knapp</b>	<b>Daughters</b>	<b>Edna</b>	<b>Ex-Wives</b>
<b>Christina Ajodhia</b>	<b>Dawn Macaulay</b>	<b>Efe Chehore</b>	<b>Farrah Khan</b>
<b>Christina Alcena</b>	<b>Dawn Stinson</b>	<b>Elaine Kowch</b>	<b>Fatin Namrood</b>
<b>Christina Clements</b>	<b>Dea Casem</b>	<b>Elana Lewis</b>	<b>Fatmagul</b>
<b>Christine</b>	<b>Deana Marusic Ljubicic</b>	<b>Elena Merenda</b>	<b>Florine Pinto</b>
<b>Christine Bartley</b>	<b>Debbie Harris</b>	<b>Elisa Mascioli</b>	<b>Franca Evangelista</b>
<b>Christine Chiu</b>	<b>Debbie LaRonde</b>	<b>Elizabeth Dempster</b>	<b>Frances Tuncel</b>
<b>Christine Zupo</b>	<b>Deborah Filice</b>	<b>Elizabeth Dempster-Hamm</b>	<b>Front-line health care women</b>
<b>Claire Chappell</b>	<b>Deborah Green</b>	<b>Elizabeth Hawley</b>	<b>Gabriela Jakova</b>
<b>Claire Gillies</b>	<b>Deborah Ithenumah</b>	<b>Eloise Etcubanez</b>	<b>Gail Anderson</b>
<b>Clara</b>	<b>Denise Gardner</b>	<b>Emily</b>	<b>Gal Gadot</b>
<b>Clara Hughes</b>	<b>Denise Seright</b>	<b>Emily Porter</b>	<b>Gameli Soh</b>
<b>Clara Zetkin</b>	<b>Desta McCalla</b>	<b>Emma Lee</b>	<b>Gaynor Bramfitt</b>
<b>Clarisse Esebar</b>	<b>Diana Scamolla</b>	<b>Emmaline Scharbach</b>	<b>Genevieve Lacasse</b>



"It is revolutionary for any trans person to choose to be seen and visible in a world that tells us we should not exist."

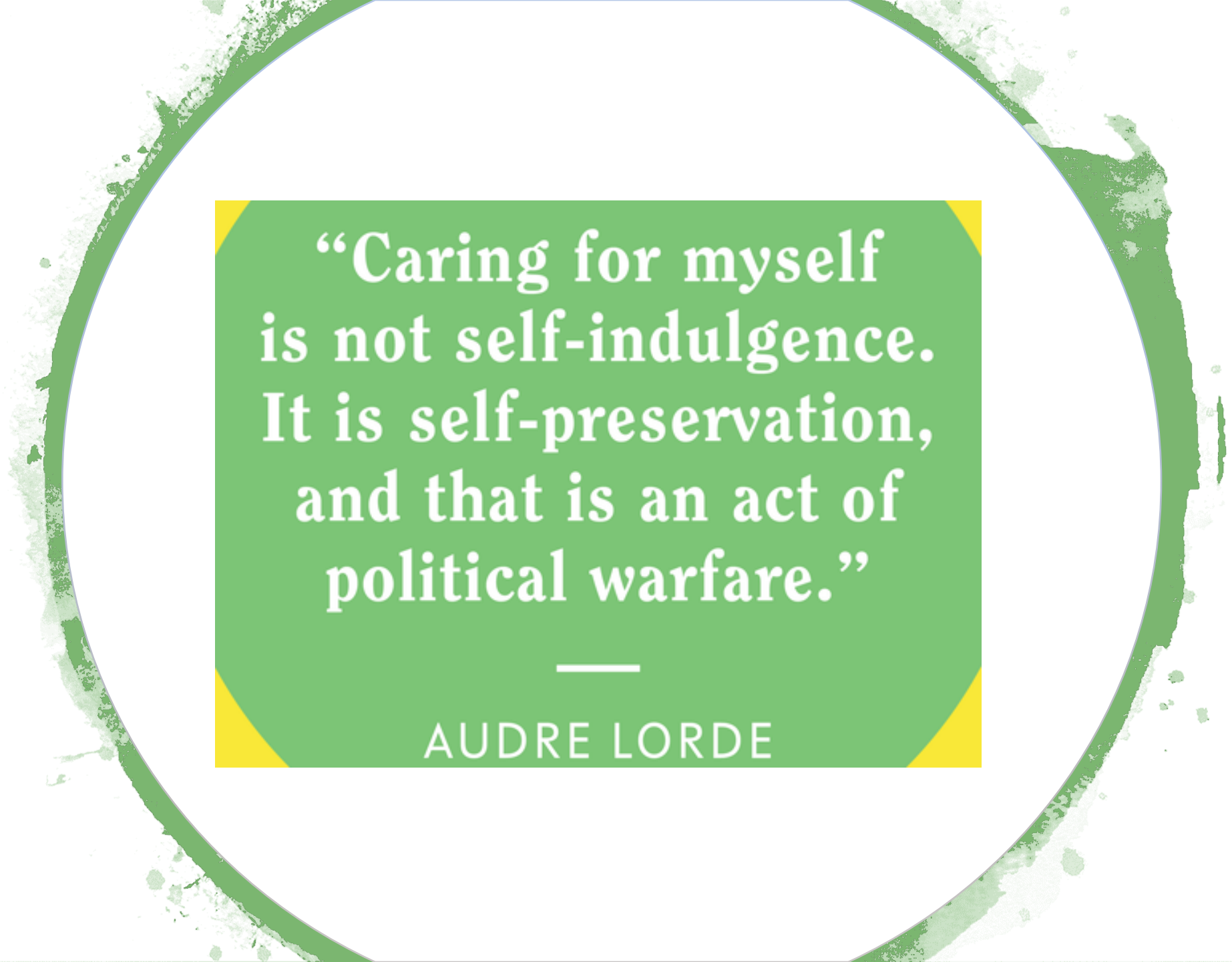
- LAVERNE COX -

# Women who Inspire the Humber Community

<b>Erica Howe</b>	<b>Georgia Kirkos</b>	<b>Irene Jones</b>	<b>Janki</b>
<b>Erin</b>	<b>Geraldine Babcock</b>	<b>Irene Katzighera</b>	<b>Jaqueline Nicol</b>
<b>Erin Harvey</b>	<b>Germila Sriranjani</b>	<b>Irene Kosmas</b>	<b>Jaswinder Randhawa</b>
<b>Erin Mandel-Shorser</b>	<b>Gianna Nerone</b>	<b>Iris Laine Alonzo</b>	<b>Jean Turner</b>
<b>Erin Neumann</b>	<b>Gina Antonacci</b>	<b>Iris Sutram</b>	<b>Jeanthi B</b>
<b>Erin Spicer</b>	<b>Gina Catenazzo</b>	<b>Ismay McKoy</b>	<b>Jem Cain</b>
<b>Ethel Rosenberg</b>	<b>Ginger Grant</b>	<b>J.K. Rowling</b>	<b>Jen Gonzales</b>
<b>Eufemia Fantetti</b>	<b>Golda Meier</b>	<b>Jacinda Ardern</b>	<b>Jennifer Bazar</b>
<b>Evelyn Reed</b>	<b>Grace</b>	<b>Jackie Morgan</b>	<b>Jennifer Chatsick</b>
<b>Ex-Wives</b>	<b>Grace Ragogna</b>	<b>Jackie Nicol</b>	<b>Jennifer Green</b>
<b>Farrah Khan</b>	<b>Grandmothers</b>	<b>Jacqueline Anderson</b>	<b>Jennifer Larson</b>
<b>Fatin Namrood</b>	<b>Greta Thunberg</b>	<b>Jacqueline Findleton</b>	<b>Jennifer Rich</b>
<b>Fatmagul</b>	<b>Haleh</b>	<b>Jacqueline LaRonde</b>	<b>Jennifer Winfield</b>
<b>Florine Pinto</b>	<b>Hanan Jibril</b>	<b>Jaime Vieira</b>	<b>Jenny Teakean</b>
<b>Franca Evangelista</b>	<b>Hannah Hoch</b>	<b>Jameela Jamil</b>	<b>Jessica Fowler</b>
<b>Frances Tuncel</b>	<b>Harriett Tubman</b>	<b>Jamie Arfin</b>	<b>Jessica Lauzon</b>
<b>Front-line Health Care Women</b>	<b>Harsha</b>	<b>Jane Fonda</b>	<b>Jessica Pilfold</b>
<b>Gabriela Jakova</b>	<b>Heather Lowry</b>	<b>Janene</b>	<b>Jessica Porter</b>
<b>Gail Anderson</b>	<b>Hong</b>	<b>Janét Aizenstros</b>	<b>Jessica Smith</b>
<b>Gal Gadot</b>	<b>Humber Childcare Consult Team</b>	<b>Janet Lunn</b>	<b>Jessica Tattersall</b>
<b>Gameli Soh</b>	<b>Ima</b>	<b>Janet Woo</b>	<b>Jo Boaler</b>
<b>Gaynor Bramfitt</b>	<b>Imelda Christian</b>	<b>Jani Yates</b>	<b>Joan McNabb</b>
<b>Genevieve Lacasse</b>	<b>Ingrid Pulpan</b>	<b>Janice Guzik</b>	<b>Joanne Cerdan</b>

# Women who Inspire the Humber Community

Jocelyn Gould	Kat Gittins	Kimberly	Leah Armstrong
Jodie Glean-Mitchell	Kate Moo King-Curtis	Kimberly Daniels	Leah Murdock
Jordyn Dias-McGown	Kate Sikerbol	Kimberly Zammit	Leanna Tuba
Josie Iannaccio	Katharine Janzen	Kori Ploughman	Leanne Henwood-Adam
Joyce Mullings	Katheline Aguilar	Kristan Lingard	Leanne Holland Brown
JP Hornick	Kathryn Cress	Kristen David	Leanne Smith
Judith Gamus	Kathy Cunningham	Kristine Galvan	Lesley Taylor
Judy Rebick	Kathyrn Holmes	Kristy Adams	Liana Acri
Judy Tavares	Katie Begley	Krystal Moodie	Lind Jin-Troendle
Juley Ponrajah	Katie Billard	Kylie Brezden	Linda Bennett (Snr)
Julia	Katie Fry	Lara Harb	Linda Di Poce
Julia Ciampa	Kausar Mian	Lara Johnston	Linda Hill
Julie Fitzsimmons	Kavelle Maharaj	Lara King	Linda Sam
Julie Pasquin	KC	Lara McInnis	Linda Sarsour
June Callwood	Keisha McQueen	Larisa Duravetz	Linda Stanyer
Kamala Harris	Kelly Gluck	Larissa Crawford	Lindsay Branton
Kanchan Issar	Kelly Jackson	Larissa Kostevskii	Lindsay Van Dekerkhove
Karen Curtis	Kelly Morrow	Laura Josephs	Lindsay Walker
Karen Hamilton-McKinnon	Kelly Tsoumagas	Laura Page	Lisa Anketell
Karen Klassen	Khalida Jarrar	Laurie Labelle	Lisa Colacci
Karen Mcgregor	Kim Longwell Morrison	Laurie Rancourt	Lisa Rende
Karen Stefou	Kim Pavan	Laverne B.	Lisa Salem-Wiseman
Kasia Bielska	Kim Smith	Le Hua	Liselle Kuk Wah



“Caring for myself  
is not self-indulgence.  
It is self-preservation,  
and that is an act of  
political warfare.”

---

AUDRE LORDE

# Women who Inspire the Humber Community

Liza Crawford	Mandy Wintink	Marvia Grandison	Michelle Obama
Lizzo	Manjula Sriharan	Mary "Stagecoach Mary" Fields	Mikasa Ackerman
Lola Nelson	Marcie Miranda-Gallo	Mary Church	Mina Alonzo
Lora Nasim	Margaret Atwood	Maryam Mirzakhani	Minda Caliwag
Lori Diduch	Margaret Sanger	Mary-Kate Asante-Antwi	Mitra Malaken
Louraine J.	Margaret Thatcher	Matty Maheson	Mo
Lucilda Daphne Barnes Mclymont	Margarita Romero	Maureen Adolph	Modesta Colalillo
Luz LoGatto	Maria Di Mito	Maya Angelou	Monica Freitas
Lydia Berger	Maria Lucia DiPlacito	Meaghan Strimas	Monique Chambers
Lydia Guballa	Maria Marczuk	Megan Jane Couto	Monique Patterson
Lynda	Marianne Milakovic	Megan Oquias	Mother Mary
Lynn Bachinski	Marichu	Meghan Markle	Mother Theresa
Lynn Boulanger	Marie Curie	Melanie Chai	Mothers
Lynn Van Lieshout	Marie Francisco	Melanie Evens	Mothers-in-Law
Lynn Vanlieshout	Marie Narsoo	Melanie Murphy	Mrs. Johanna Weinzettl
Lyra Rose Alonzo	Marion O'Reilly	Melanie Savoia	Ms. Freda Gordon
Lyslie	Marlyn Ramjeet-Samad	Melinda Gates	Myriam Tinoco de Brito
Lyudmila Pavlichenko	Marriam Hussain	Melinda Kao	Nadine Finlay
Mackenzie Kraeker	Marsha Duggan	Melissa Patrizi	Naeema Farooqi
Madina Wasuge	Marta Cardoso	Melissa VanTwest	Nafeeza Kadir
Mae Jemison	Martha Friendly	Mellissa Khuai	Nalini Andrade
Mahwish Choudhry	Martha P. Johnson	Michaela Frialde	Nancy Dattrino
Mallory Lawton	Martine Spinks	Michelle Krivacic	Nancy Deason



# Women who Inspire the Humber Community

Nancy Irwin	Nicola Winstanley	Peggy Gorman	Rosa Luxemburg
Nancy Ruth	Nicole Chuchmach	Phyllis Regina Sinclair	Rosa Parks
Nancy Simms	Nicole Cruz	Pina Riccardi Racanelli	Rosanna
Nancy Walker	Nicole Mitskopoulos	Qadira C. Jackson Kouakou	Rosanna To
Naomi Binder Wall	Nlen Cheng	Radia Perلمان	Rosaria Bellini-Armata
Naomi Klein	Niki Ashton	Raeshelle Morris	Rosario
Naomi Leanage	Nikki Martyn	Rajkumarie Sooraj	Rose Della Penna
Naseem A. Khan	Nina Hartt	Ramona Seecharan	Rose Patterson
Natalie "Contrapoints" Wynn	Nisha Narayanan	Rani Dhaliwal	Roselle Alonzo
Natalie Bergstrom	Nita Gabuna	Ranya Khan	Rubena Willis
Natasha Haniff	Nivedita Lane	Rebecca Fitzgerald	Ruby Bridges
Nathalie Adjei-Asamoah	Nora Esperanza	Rebecca Wirfs-Brock	Ruth
Nathalie Younglai	Nora Ramlakhan	Rebel (King) Hardy	Ruth Bader Ginsburg
Nathania Bron	Nora Simpson	Reema Patel	Ruth Godinho
Navisha Singh	Olive Moyle	Regina Hartwick	Ruth Grier
Navpreet Kaur	Oprah Winfrey	Renata Guidi	Sadia Anjum
Nawal El-Saadawi	Pam Palmater	Reva Harknett	Safa Al-Haji
Nazlin	Pamela Adams	Rina Di Mito	Saint Mother Teresa
Neala Puran	Parampreet Ubhi	Risha Toney	Sam Arza
Nelia	Patricia McPherson	Rita Jane White	Samantha Nutt
Ngozi Okonjo-Iweala	Paula Stortz	Ritu Nischal	Sana Mahmood
Nicki Huggins	Paulina Agyeiwaa	Riyanti Poerba	Sandra Fazio
Nicky	Pauline	Rosa Broomfield	Sandra Filice

# A Confident Woman

I am **Strong**

I've been through a lot in my life and I'm still standing

I have **Self-Worth**

It took a lot of soul searching to finally see for myself

I am **Beautiful**

I don't need anyone to tell me, I already know my glow

I am not **Perfect**

Nobody's perfect but I've seen my good and bad sides

I am just **Myself**

I will never be alone, I will always be there for me!

[www.Doveswordsandwisdom.com](http://www.Doveswordsandwisdom.com)

# Women who Inspire the Humber Community

<b>Sanja Antic</b>	<b>Shivon Raghunandan</b>	<b>Stepmothers</b>	<b>Theresa Tam</b>
<b>Sara</b>	<b>Shonah Chalmers</b>	<b>Suba Sankaran</b>	<b>Therese Gormley Hirmer</b>
<b>Sara K</b>	<b>Sieu Moi Ly</b>	<b>Suman Kakkar</b>	<b>Thi Thanh Truc Le</b>
<b>Sara Varvaris</b>	<b>Silvana Donato</b>	<b>Sumathi Meynert</b>	<b>Tina Fenandoe</b>
<b>Sarah DiPetta</b>	<b>Silvia Federici</b>	<b>Susan Kelsall</b>	<b>Tina Persaud</b>
<b>Sarah Hunter</b>	<b>Silvia McMillan</b>	<b>Susan Miller</b>	<b>Toni Morrison</b>
<b>Savitree Heeralal-Judhan</b>	<b>Simone</b>	<b>Susan Orsega</b>	<b>Tracy Brandon</b>
<b>Seema Kothiyal</b>	<b>Simone Volpe</b>	<b>Susan Robertson</b>	<b>Trans BIPOC Women</b>
<b>Seeret Samra</b>	<b>Sisters</b>	<b>Susan Sidiropoulos</b>	<b>Tuba Chishti</b>
<b>Shaina Ellis</b>	<b>Soheila Pashang</b>	<b>Susan Thomas</b>	<b>Usha Rajpal-Cheddi</b>
<b>Shama Joshi</b>	<b>Soma Goonetilleke</b>	<b>Susie</b>	<b>Vanessa Vilic-Evangelista</b>
<b>Shannon Phipps</b>	<b>Sondos Parker</b>	<b>Sylvia</b>	<b>Vatsana Khuai</b>
<b>Shannon Sequeira</b>	<b>Sonika Arora</b>	<b>Sylvia Rivera</b>	<b>Venetta</b>
<b>Shanti Ajodhia</b>	<b>Sonja Barfoot</b>	<b>Tamara</b>	<b>Vera Beletzan</b>
<b>Shara Stone</b>	<b>Sophie Bisnaire</b>	<b>Tammy McGivern</b>	<b>Vera Lorraine Pearce</b>
<b>Sharon Small</b>	<b>Sophie Chuchmach</b>	<b>Tania Fahey</b>	<b>Vicki Kondra</b>
<b>Shashi Bhat</b>	<b>Sophie Scholl</b>	<b>Tanya Goncalves</b>	<b>Victoria Mascioli</b>
<b>Shawna Reiter</b>	<b>Soroor Showleh</b>	<b>Tanya Perdikoulis</b>	<b>Vidya Rampersad</b>
<b>Sheila Magee</b>	<b>Staci Lindsay</b>	<b>Tara Defrancesco</b>	<b>Vivi Tsoukalas</b>
<b>Sherri Branscombe</b>	<b>Steph Afonso</b>	<b>Taryn Dickins</b>	<b>Vivian</b>
<b>Sherry Doiron</b>	<b>Stephanie Kratz</b>	<b>Teresa Benevides</b>	<b>Vivian Connolly</b>
<b>Shierel Caoagas</b>	<b>Stephanie Marks</b>	<b>Terri Lyne Carrington</b>	<b>Wanda Buote</b>
<b>Shivangi</b>	<b>Stephanie Waterman</b>	<b>Theresa Cho</b>	<b>Wei Xiong</b>

## Women who Inspire the Humber Community

Wilma Kohler

Xue Juan Jia

Yuko Yamawaki

Winnifred Bowden

Yaa Asantewaa

Zeena Sayed

Wives

Ying, Zhang

Zeynep Sandirli



International Women's Day

“I want every girl to know that her voice can change the world.”

MALALA YOUSAFZAI