



Humber College Leadership Programs

Workshop By Request Program Outline

Launched in the Fall of 2015, the Leadership Programs' Workshop By Request Program allows staff and faculty to easily request leadership workshops to be facilitated in the classroom or student training sessions. This is a great opportunity to enhance the curriculum, proactively provide additional skills and tools to students and to emphasize cross over between leadership skills and their academic area of study or role on campus.

By filling out the E-Form on the Student Leadership Academy web-page (<http://humber.ca/studentleadership/leadership-workshop-request-program/request>), staff and faculty can select from the list of available workshop offerings and indicate when they would like to have the workshop take place.

Once the request is submitted, it will be reviewed by the Coordinator, Leadership Programs, who will contact the requestor for any additional follow-up required. We will ask that the e-form be submitted at least 4 weeks in advance of the requested workshop date. The standard workshop length is approximately 90 minutes, however, can be adjusted within reason based on customization requests.

To create the best learning experience, we require that the faculty or staff member be present during the workshop. This is to assist in facilitating questions that may arise and aid in bridging workshop content with course or job material. In order to facilitate this, we highly recommend discussing with the Coordinator, Leadership Programs any potential customizations such as tailored case studies and conversational elements to fit the needs of the student group.

If there are any questions or you would like to discuss the Workshop By Request Program in more detail please contact us at studentleadershipacademy@humber.ca or visit us online at <http://humber.ca/studentleadership/>.

Workshop by Request – Leadership Workshop offerings:

○ Personal Values & Ethics

After completing this workshop, students will be able to:

- Identify 5 values they feel are most important to their lives.
- Analyze the relationship between their top 5 values and the behaviours that support or do not support those values.
- Recognize the relationship between the responsibilities of leaders and ethics.

○ Leading Others & Group Dynamics

After completing this workshop, students will be able to:

- Demonstrate how leadership styles can influence group dynamics and success.
- Identify how to address specific conditions of group dynamics for improved performance.
- Employ strategies for establishing common purpose among group members.



○ **Conflict /Controversy Management**

After completing this workshop, students will be able to:

- Describe how controversy can be welcomed with civility.
- Recognize 4 styles of response to conflict.
- Employ at least 3 strategies for addressing conflict.

○ **Professionalism**

After completing this workshop, students will be able to:

- Discuss general definitions of professionalism.
- Analyze the relationship between standards of professionalism and workplace values and ethics.
- Identify at least 3 ways that professionalism can be expressed.

○ **Assertive Communication**

After completing this workshop, students will be able to:

- Discuss the signs of passive behaviour and its potential impacts on personal well-being.
- Describe the benefits of assertive communication in regards to group dynamics and conflict management.
- Employ at least one strategy for assertive communication in a role play scenario.

○ **Citizenship & Community**

After completing this workshop, students will be able to:

- Discuss the diverse meanings and contexts of citizenship.
- Recognize factors that facilitate the formation of community identity.
- Analyze the ways they can interact and engage in communities through leadership practices.

○ **Goal Setting**

After completing this workshop, students will be able to:

- Prepare a goal using the SMART goal steps.
- Predict obstacles that challenge goal achievement.
- Identify strategies to overcome obstacles and stay motivated.

○ **The 5 Practices of Exemplary Leadership**

After completing this workshop, students will be able to:

- Define the 5 practices of exemplary leadership according to Kouzes & Posner's model.
- Evaluate their own personal performance in Kouzes and Posner's 5 practices of exemplary leadership.
- Create at least one action for practicing exemplary leadership in the campus community.