

# 3 Ways Your Peer Mentor Can Support You // Fall 2020

(This document is available in an alternative format upon request.)

## 1. Answer your questions

Peer Mentors are a great resource to turn to for any of your program-specific questions. Your mentor is also someone who can answer other student and life-related questions, or at least direct you to the right resources!

## 2. Introduce you to other first year students

A great first step is to build a friendship with your Peer Mentor. Then, to be comfortable enough that they can introduce you to other students at events or around campus. This still applies for virtual events too :)

TIP: Planning to meet up with your Peer Mentor at events is a great way to get to know them and other Humber students at the same time.

## 3. Keep you in the loop

- Each week you will receive an email from your Peer Mentor that will outline upcoming events and workshops.
- Your mentor will do their best to suggest appropriate campus resources all throughout the Peer Mentoring semester, as well.
- Most importantly, they will also do regular check-ins to see how you're doing to make sure you have the support that you need!

TIP: Utilizing these resources and attending academic workshops is a great way to stay on track!

**Sign up for a Peer Mentor here:** <https://humber.ca/student-life/fye/>

**Stay connected with us :)**

Instagram & FaceBook

@humberlakefye

@humbnorthfye